**PRESCRIPTION SERVICES**

Common over-the-counter medications can be purchased at the Book Store in the Student Center. Prescriptions from home or Marist Health Services can be filled at local pharmacies:

**Closest to campus (walking distance):**
Rite Aid Pharmacy 845-452-6153 (-6902 fax)
3350 North Road, Poughkeepsie, NY 12601

**Delivery to campus:**
Molloy Pharmacy 845-229-8881 (-8948 fax)
4170 Albany Post Road, Hyde Park, NY 12538
Contact William Irwin, Registered Pharmacist

**Open until 10pm weekdays:**
CVS Pharmacy 845-462-2791 (-463-2821 fax)
2503 South Road (Rt 9), Poughkeepsie, NY 12601

**AFTER HOURS CARE**

Resident students requiring health care after MHS hours should notify the Resident Advisor, Resident Director, or Marist Safety and Security. For after-hours care, students are usually referred to Mid Hudson Regional, the regional trauma center, across Route 9 from the campus, or Vassar Brothers Medical Center, the regional cardiac hospital, which is about 10 minutes from campus.

**URGENT CARE FACILITIES**

**Emergency One**
4250 Albany Post Rd Hyde Park, NY 12538
(845) 229-2602
M-F 8a – 8p; Sat/Sun/Holidays 8a – 4p
Closed some holidays
http://www.eonekingston.com/index.html

**Mid-Hudson Medical Group Urgent Care**
43 Pine Street, Poughkeepsie, NY 12601
(845)231-5600
M-F 8a – 8p; Sat/Sun 8a – 5p
Closed some holidays
http://www.midhudsonmedicalgroup.com/

**IMPORTANT PHONE NUMBERS**

Area code 845

- MHS phone 575-3270
- MHS fax 575-3275
- Marist Security 471-1822
  - from campus ext. 2282
- Mid Hudson Regional Hospital 483-5000
- Mid Hudson Regional ER 431-8220
- Vassar Med Center 454-8500
- Vassar Med Center ER 431-5680

**HEALTH INSURANCE**

Annual proof of health insurance is required for all full-time (12 or more credit hours) undergraduate students. Marist offers the Marist College Student Accident and Sickness Insurance Plan, designed in cooperation with the Allen J. Flood Companies, Inc, the Plan Administrator. A brochure describing the insurance plan is available online at www.marist.edu/healthservices

*Please note that an annual Health Insurance Plan Fee for the Marist College Accident and Sickness Insurance Plan will be included in your bill for student tuition and fees.*

If students have comparable existing health insurance coverage under another policy, they can waive the Marist College Student Accident and Sickness Insurance Plan and the fee will be removed.

Detailed instructions about the online waiver process and the deadline are available at:
http://www.ajfusa.com/ajfusa/help_college_students.php

**SUMMER HOURS**

Monday–Thursday.............. 8:30a – 4:30p
Friday................................. 8:30a – 3:30p
Weekends............................ Closed

**HOURS DURING THE ACADEMIC YEAR**

Monday – Friday.............. 8:30a – 7:00p
Weekends............................ noon – 5:00p
MHS STAFF

MHS is staffed by physicians, nurse practitioners, physician assistants, registered nurses, and administrative support personnel.

Students are seen on an appointment basis. Emergencies and walk-ins are triaged promptly and seen in order of urgency.

Problems beyond the scope of MHS are referred to Mid Hudson Regional Hospital Emergency Department or Vassar Brothers Medical Center Emergency Department.

HEALTH FORMS/IMMUNIZATION INFORMATION

All incoming students are required to complete Health Forms (www.marist.edu/healthservices). This includes medical and family history, a physical examination, and completion of New York State required immunization information.

MENINGITIS INFORMATION AND VACCINE

New York State mandates that colleges distribute information about meningococcal disease and vaccine (included in the online Health Forms). Vaccination is highly recommended but not required. Please discuss this with the student’s health care provider, as the vaccination is best received before coming to campus. It is also available through the Dutchess County Department of Health (845-486-3409).

CONFIDENTIALITY

All medical information is confidential. The student must sign an authorization form prior to release of information. A Consent to Discuss Health Information is included in the online Health Forms. Parents are notified in emergency situations or when requested by the student.

HEALTH SERVICES FEE

All full-time undergraduate students pay a mandatory Health Services Fee with tuition and fees each semester and are eligible to use MHS.

Services included in the Fee

- Assessment and treatment of illness and minor injuries by MHS staff
- Follow-up care of students with chronic health problems as recommended by their health care providers
- Common lab tests performed by MHS staff (e.g. Rapid Strep test, urinalysis)
- Women’s Health care and counseling
- Men’s Health care and counseling
- TB screening test (PPD)
- Vision test for driver’s license renewal

Services not included in the Fee

- Any off-campus care
- Transportation to off-campus care
- Emergency room and hospital charges
- Ambulance services
- Diagnostic tests sent to outside labs
- Routine physical exams
- Medical clearance exams for employment or activity (e.g. scuba diving)
- Dental care
- Routine eye exams, eyeglasses

ALLERGY IMMUNOTHERAPY

Students can continue allergy shots begun under the care of an allergy specialist if MHS receives the orders, plan of care, and allergens from the allergist. For detailed information please see: www.marist.edu/healthservices/pdfs/allergy.pdf

Charges for allergy immunotherapy will be billed to the student at the end of the semester.

Influenza vaccine

Annual vaccination against influenza is highly recommended, especially for resident students.

Flu shots are available on campus during the Fall semester for a modest fee. Thimerosal-free vaccine is available through the Dutchess County Department of Health (845-486-3409).

SPECIALTY CARE

While specialty care in most fields is available in the Poughkeepsie area, not all practitioners participate in all insurance plans. If a student anticipates needing off-campus care, it should be researched through the insurance carrier to identify “preferred providers” in the Marist College area. The provider can then be contacted directly.

Health items to bring to campus

- Any regular medications
- Knowledge of any allergies
- Health insurance card (if copying, include both sides)
- Digital thermometer
- Basic first aid supplies:
  - Band-aids
  - Acetaminophen or ibuprofen
  - Non-prescription medications: decongestant, cough medication antibiotic ointment, hydrocortisone cream

MARIST HEALTH SERVICES (MHS)