How to Achieve Academic Success

There may have been a number of factors that contributed to you not doing as well academically as you are capable of doing.

The Academic Planning and Consultation Record (APCR) will help you reflect on the previous semester and help you plan for a better semester. Although class attendance may not have been an issue for you, for many students not attending class is a major contributing factor to poor academic performance.

In addition to making it to class, you need to develop a relationship with your instructors. Your instructors need to know that you are interested in the class and the learning process. Although your motivation for some classes may not be as high as others, it is important to find the benefit of each class and remain committed to doing well academically.

This brochure will highlight some resources that are available to you. Please do not hesitate to contact the Center for Advising & Academic Services for assistance and questions. We know that you can be successful academically and we look forward to removing you from probation next semester.
On-Campus Resources

The following is a list of offices on campus that may assist you with academic, personal, financial and career concerns.

**Academic Learning Center**
www.marist.edu/academics/alc
(845) 575-3300
Library 331

**Athletes**
www.marist.edu/athletics/studentathlete
(845) 575-3353
McCann Center

**Center for Advising & Academic Services**
www.marist.edu/academics/advising
Aim: AdvisingAtMarist Twitter: MaristCAAS
Facebook: MaristCAAS
(845) 575-3500
Donnelly 224

**Center for Career Services**
www.marist.edu/careerservices
(845) 575-3547
Library 332

**Coordinators of First Year Programs**
www.marist.edu/studentlife/firstyear

- Students living in Leo Hall meet their mentor in Leo 106, extension 3725
- Students living in Sheahan Hall and Marian Hall meet their mentor in Sheahan Hall 004, extension 3894
- First-year students living off-Campus meet their mentor in the Student Center, bottom floor, extension 3787
- Students living in Champagnat Hall floors 1-5 meet their mentor in CH 515, extension 3789
- Students on Champagnat Hall floors 6-9 and transfer students meet their mentor in CH 515, extension 3795

**Counseling Center**
www.marist.edu/counseling
(845) 575-3314
Student Center 352

**Degree Works**
www.marist.edu/registrar
(845) 575-3250
Donnelly 203

**Health Services**
www.marist.edu/healthservices
(845) 575-3270
Student Center 352

**Multicultural Affairs/HEOP & Special Services**
HEOP: www.marist.edu/academics/multicultural/heop
Special Services: www.marist.edu/specialservices

**Library**
library.marist.edu
(845) 575-3000 ext. 2194
library.marist.edu/forms/ask.html

**Math Lab**
www.marist.edu/compscimath/mathdept/mathlab
(845) 575-3610
Hancock Center 3021

**Student Financial Services**
www.marist.edu/financialaid
(845) 575-3230
Donnelly 200

**Writing Center**
www.marist.edu/writingcenter
(845) 575-3000 ext. 2735
Library 334

Other Resources

**Off Campus Counseling Resources**
Dutchess County Department of Mental Hygiene is located near campus. They offer counseling on a sliding scale fee basis. You can get more information on their services by calling (845) 485-9700 or on the web at: http://www.co.dutchess.ny.us/CountyGov/Departments/MentalHygiene/MHIndex.htm

If you would like assistance with an alcohol or drug issue, here are two resources near campus that may be helpful.

Council on Addiction Prevention & Education of Dutchess County, (845) 765-8301 or on the web at http://www.capedc.org

Dutchess County Alcoholics Anonymous, (845) 452-1111 or on the web at https://dutchessaa.org

**Online Academic Resources**

- The University of Wisconsin at Madison Writer’s Handbook offers some helpful information on writing papers, grammar, etc.: http://writing.wisc.edu/Handbook/

- An online guide to grammar and style is available at http://andromeda.rutgers.edu/~jlynch/Writing/index.html

- Towson University has an online writing support website that can be found at http://www.towson.edu/ows

- Check out the Purdue University Online Writing Lab at http://owl.english.purdue.edu/ 

- If you are looking for articles and exercises on topics such as time management, procrastination, stress management etc., check out MindTool.com (www.mindtools.com)

- At TopAchievement.com (www.topachievement.com), you will find helpful information on achievement and goal setting. You need to set your mind on your achievement to make it happen.

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