

Academic Advising offers students:

- Consistent contact with academic advisors who are also their **FOCUS** professors
- Guidance and information about major and core requirements
- Individual consultations during course registration periods
- Group advising sessions by **FOCUS** instructors and peer mentors

Peer Mentors are former **FOCUS** students who work with instructors to provide:

- A student's perspective to the major decision-making process
- Peer-to-peer guidance on major and career options
- Academic assistance, in and out of the classroom



Additional Academic Learning Center Programs

Proofreading

Drop-In Proofreading Hours:
Monday-Friday 11:30 AM - 1:30 PM
Monday-Thursday 7:00-9:00 PM

On-Line Proofreading

<https://ilearn.marist.edu/>
This is a free, joinable site through the membership tab in iLearn.

Tutoring

Private tutors are available for most classes.
Monday-Friday by appointment (minimal fee)

Academic Review Sessions (FREE SERVICE)

Organic Chemistry • Economics
Accounting • Statistics • Calculus
• Chemistry • Biology

ALC Courses

The College Experience
Critical Reading and Thinking
Intermediate Writing for College
Career Planning and Decision Making
Transfer Seminar
Self Development

ALC Contact Information

Library 331 • 845-575-3300
<https://www.marist.edu/academic-resources/alc>

ALC Hours

Monday-Friday 8:30 AM - 5:00 PM

FOCUS PROGRAM

Our **FOCUS** Is Your Future

Future Options & Choices for
Undeclared Students

FOCUS Provides:

- In-depth information about majors, minors and concentrations
- Career planning options
- Strategies for academic success
- Self-management skills
- An easy transition into the Marist College experience

FOCUS

Students enrolled in the **FOCUS** Program take a three-credit course in the fall semester and a one-credit career planning course in the spring. Their instructors, who also function as their academic advisors throughout the year, and peer mentors provide additional support both in and out of the classroom. This program provides students with a truly unique Marist experience focused on their success.

Self Development

A three-credit course in which students:

- Acquire self-management skills, including time-management, goal setting, values clarification, stress-management, assertiveness, motivation, and more
- Learn about the majors, minors, and concentrations offered at Marist
- Meet regularly with their instructor / advisor
- Acquire a solid knowledge and understanding of course requirements
- Attend the annual Majors/Minors Fair

The goal of this course is to empower students to become self-directed, self-motivated learners in order to facilitate their academic, personal, and professional success.

Career Planning & Decision-Making

A one-credit course in which students:

- Identify career values, interests, skills and personality style and relate these traits to specific careers and academic majors
- Obtain information on career fields of interest to find out the nature of the work, employment possibilities, future job outlook, necessary academic major, entry level positions, salaries, etc.
- Talk to Marist alumni who are working in a career field of interest
- Develop a professional cover letter and resume

Testimonials from Former FOCUS Students

*“**FOCUS** was instrumental in my ability to organize myself in what could have been a very hectic first semester. **FOCUS** helped me set a very clear course to follow as far as scheduling for all eight semesters of college. Because of the **FOCUS** Program, I had a solid understanding of the Degree Audit that other students lacked.”*

*“The **FOCUS** Program exceeded all my expectations; it guided me through one of the most uncertain times of my life and helped me develop a better understanding of myself as an individual.”*

“Not only did it help clear up some of the many questions and uncertainties I had, but it was extremely useful in helping me develop things like a resume, that will undoubtedly help me for the rest of my educational and professional careers. “

*“**FOCUS** allowed me to explore and discover many different options, and gave me the knowledge and tools necessary to work hard and enjoy my college experience.”*

*“I developed such close relationships with my classmates and advisor, and could not imagine how difficult my freshman year would have been without being a part of the **FOCUS** Program.”*

“It was nice talking to other students who weren’t sure where they were headed in their college career. It made me feel more at ease with my own situation, that it was ok not to know exactly what I wanted to do yet.”

“By researching majors, I knew exactly what each would entail and I was in a better position to choose the right major for me.”

*“**FOCUS** gave me the opportunity to research majors and reach out to professors to make an informed decision, something I never would have done on my own.”*

Admission to the FOCUS Program:

- Enrollment is limited to 140 students on a first-come, first-served basis
- A completed application form
- Sign-up during Accepted Students Open House, Freshman Orientation or via mail.
- Application forms can be found on our website: www.marist.edu/academics/alc

Or send by mail to:

Academic Learning Center
Marist College
3399 North Road, LB 331
Poughkeepsie, NY 12601

If you have any questions please call or email Ms. Kathryn DiCorcia at:
(845) 575-3300
Kathryn.DiCorcia@marist.edu

