Marist Ultimate Frisbee is a Co-ed Club sport at Marist. Competition consists of mixed (male and females) in the fall. In the spring, the club transitions to a competition within each respective genders. Ultimate is an exciting, non-contact team sport played by thousands all over the world in open, mixed, and women's teams. Ultimate is a fast-paced game, demanding its players to develop throwing skills, stamina, and agility. Ultimate is the only IOC recognized sport to be self-officiating and promote Spirit Of The Game (SOTG); this means players know the game and rules inside and out, understanding the meaning of fair play. Ultimate frisbee is an intense sport but is welcoming to newcomers. Ultimate is a great opportunity for students who were competitive athletes and want to continue that experience in a new arena.

Men's Captains: Sean Kohler
Brian Lynch

Women's Captains: Cait Myers
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