

MARIST HEALTH SERVICES

69 W. Cedar Street

Poughkeepsie, NY 12601

Monday – Friday 8:30a – 5:00p

845-575-3270

HAVE A HEALTHY YEAR!

Welcome to Marist from Health Services! Our job is to help keep you healthy and informed. To that end, we work closely with the entire Marist College community as well as the Dutchess County and New York State Departments of Health.

The Marist Health Services office is located at 69 West Cedar Street, Poughkeepsie, New York. It is staffed by a medical director, nurse practitioners, registered nurses and administrative staff. Health Services' office hours are listed above and posted at <https://my.marist.edu/health-services>.

Marist Health Services provides care to registered full-time undergraduate students while undergraduate classes are in session. Full-time graduate students may elect to pay the Health Services fee to access care as well.

There is no charge for office visits or other services delivered within Health Services for eligible students. Health Services provides evaluation and treatment of illness and minor injury as well contraception services, STI testing, and health education. Nutrition consultation is available upon referral by Health Services staff. Influenza vaccine is available at "flu clinics" held on campus, as well as at Rite Aid Pharmacy. While flu shots are covered by most insurances, there may be a modest fee for those students who do not have adequate coverage. We have a limited selection of medications in stock, including Emergency Contraception. If you receive a prescription, it can be filled at Rite Aid pharmacy or at the pharmacy of your choice. Many over the counter medications can be purchased at the bookstore. We have lists of local providers, pharmacies and other relevant health information on MyMarist.

To schedule an appointment: We have same-day appointments available each day and students are encouraged to call our office early to schedule a visit. Due to the pandemic, students must not walk-in without an appointment. Students that present without a scheduled visit will be advised to remain outside and call the office so staff may properly triage their health concern. Students are requested to call 845-575-3270 to schedule an appointment.

For after-hours and weekend emergencies, students should notify their residential life staff (RA or RD) or the Office of Safety & Security (x2282).

Although the COVID-19 pandemic is easing, some visits may be scheduled as telehealth sessions to protect the health and wellbeing of Health Services staff, as well as other students in the building.

During the academic year, students are required to report COVID testing, regardless of where the testing occurs, so that the College can appropriately plan and protect the safety of the entire Marist community.

Helpful links

For more details about Marist Health Services, please take a moment to visit MyMarist. Marist Counseling Services can be reached at 845-575-3314.

Marist Health Services Patient Portal

You have access to any information you have uploaded (immunization history, medical records, etc.) and a direct line of communication to our clinicians via secure messaging by using the Marist Health Services Patient Portal.

Insurance Cards

Please be sure your insurance information is up to date and uploaded to the Marist Health Services Patient Portal in the event that lab work or other outside testing is required. Be sure to note which laboratory your insurance covers on our **Lab & Insurance Form** to avoid unnecessary charges.

If you have enrolled in the Marist College Accident and Sickness Insurance Plan, please visit the Plan Administrator website at <https://www.mystudentmedical.com> for policy details. You can call Customer Service at 800-734-9326 with any questions.

Required Health Information

If you have not submitted the required immunization information, please contact Health Services as soon as possible. Students who are missing the required information will be subject to serious consequences which may result in deregistration. Please refer to the required Health Documentation for students at <https://my.marist.edu/health-forms-for-incoming-students>.

Best wishes for a healthy and successful year!