**Academic Advising offers students:**

* Consistent contact with academic advisors who are also their **FOCUS** professors
* Guidance and information about major and core requirements
* Individual consultations during course registration periods
* Group advising sessions by **FOCUS** instructors and peer mentors

**Peer Mentors are former FOCUS students**

**who work with instructors to provide:**

* A student’s perspective to the major decision-making process
* Peer-to-peer guidance on major and career options
* Academic assistance, in and out of the classroom



***Additional***

***Academic Learning Center***

***Programs***

**On-Line Proofreading**

<https://ilearn.marist.edu/> Proofreading

This is a free, joinable site through the

membership tab in iLearn.

**Tutoring**

Private tutors are available for most classes.

Monday-Friday by appointment (minimal fee)

<https://ilearn.marist.edu/> Tutoring Services

This is a free, joinable site through the

membership tab in iLearn.

**Academic Review Sessions**

(FREE SERVICE)

Organic Chemistry • Economics

Accounting • Statistics • Calculus

• Chemistry • Biology

**ALC Courses**

The College Experience

Critical Reading and Thinking

Intermediate Writing for College

Career Planning and Decision Making

Transfer Seminar

Self Development

**ALC Contact Information**

Library 331 • 845-575-3300

<http://www.marist.edu/academics/alc/>

academiclearningcenter@marist.edu

**ALC Hours**

Monday-Friday 8:30 AM - 5:00 PM



FOCUS PROGRAM

Our **FOCUS** Is Your Future

**F**uture **O**ptions & **C**hoices for

**U**ndeclared **S**tudents

**FOCUS** Provides:

* In-depth information about majors, minors and concentrations
* Career planning options
* Strategies for academic success
* Self-management skills
* An easy transition into the Marist Col­lege experience

**FOCUS**

Students enrolled in the **FOCUS** Program take a three-credit course in the fall semester and a one-credit career planning course in the spring. Their instructors, who also function as their academic advisors throughout the year, and peer mentors provide additional support both in and out of the classroom. This program provides students with a truly unique Marist experience focused on their success.

**Self Development**

**A three-credit course in which students:**

* Acquire self-management skills, including time-management, goal setting, values clarification, stress-management, assertiveness, motivation, and more
* Learn about the majors, minors, and concentrations offered at Marist
* Meet regularly with their instructor / advisor
* Acquire a solid knowledge and understanding of course requirements
* Attend the annual Majors/Minors Fair

The goal of this course is to empower students

to become self-directed, self-motivated learners

in order to facilitate their academic, personal,

and professional success.

**Career Planning & Decision-Making**

**A one-credit course in which students:**

* Identify career values, interests, skills and personality style and relate these traits to specific careers and academic majors
* Obtain information on career fields of interest to find out the nature of the work, employment possibilities, future job outlook, necessary academic major, entry level positions, salaries, etc.
* Talk to Marist alumni who are working in a career field of interest
* Develop a professional cover letter and resume

 

**FOCUS PROGRAM**

**Testimonials from**

**Former FOCUS Students**

*“****FOCUS*** *was instrumental in my ability to organize myself in what could have been a very*

*hectic first semester.* ***FOCUS*** *helped me set a*

*very clear course to follow as far as scheduling*

*for all eight semesters of college. Because of*

*the* ***FOCUS*** *Program, I had a solid understanding of the Degree Audit that other students lacked.”*

*“The* ***FOCUS*** *Program exceeded all my expectations; it guided me through one of the most uncertain times of my life and helped me develop a better understanding of myself as an individual.“*

“Not only did it help clear up some of the many questions and uncertainties I had, but it was extremely useful in helping me develop things like a resume, that will undoubtedly help me for the rest of my educational and professional careers. “

“**FOCUS** allowed me to explore and discover many different options, and gave me the knowledge and tools necessary to work hard and enjoy my college experience.”

“I developed such close relationships with my classmates and advisor, and could not imagine how difficult my freshman year would have been without being a part of the **FOCUS** Program.”

**Admission to the FOCUS Program:**

* Enrollment is limited to 140 students on a first-come, first-served basis
* A completed application form
* Sign–up during Accepted Students Open House, Freshman Orientation or via mail.
* Application forms can be found on our website: **www.marist.edu/academics/alc**

*Or send by email or mail to:*

Academic Learning Center

Marist College

3399 North Road, LB 331

Poughkeepsie, NY 12601

Email: academiclearningcenter@marist.edu

If you have any questions please call or email

Ms. Kathryn Daye at:

(845) 575-3300

Kathryn.Daye@marist.edu

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