# **CSAE NEWS**

#### May 2020

### New - Alumni **ZOOM** Network Meetings

We are starting exciting new programming using ZOOM while we are social distancing. This will allow us to connect student-athletes with alumni to network and chat about their experiences while at Marist College and in the workforce. Look for more information on Instagram for new and upcoming events.



### **Career Guidance** for Student-Athletes:

Q&A with Employers







Carrie Brasie







Amazo

Conexess Co-Moderator Avis Budget

#### Kayla Afflitto, Sarah Austin, Caroline Baratta, Sarah Barcello, James Barnes, Lauren Beal, Allie Best, Brinley Chabot, Hunter Cobb, Jillian Colucci, Chiara DiPalma, Willow Duffel, Kelly George, Kendall Krick, Jillian Laliberte,



THE FOXPYs ...

The FOXPYs are still happening! We're going to continue with the show online - more information to follow (keep watching our Instagram for the latest posts).

We are accepting nominations for the following awards: Heart of the Fox, Determined Spirit, and Unsung Hero.

To read more about the awards and to nominate your teammates, click here.

### **Outstanding Tutor Nominations**

Did you have an amazing tutor this semester that you would like to see recognized? If so, click here to nominate him/her for our Spring 2020 Outstanding Tutor Award. Nominations are due by Friday, May 8th.



Questions or Comments? Contact the Center for Student-Athlete Enhancement at (845) 575-3353

Carolyn Gauvin

XC & Track

**Peer Mentors for 2020 - 2021** 

Morgan Owens, Nicole Piperea, and Brendan Zeng

becoming a Red Fox!



We are excited to announce our Peer Mentors for the 2020 – 2021 school vear:



Water Polo











Julia Solin Swimming

This year we had an exceptional group of seniors that we would like to recognize for all

LEAP

Council

Francesca Guzzo Soccer

of their contributions to the LEAP program. Thank you for an amazing 4 years at

Marist College, we

Sara Leavens, Chloe Monroe, Kathryn Moody, Gene Napolitano, Kassie Nicholson, Annika Nielsen, Paul Olivett,

College is a big step for our incoming student-athletes and peer mentoring will help their transition to



















# **CSAE NEWS**

#### May 2020

### **Alumni Spotlight**



### Caitlin Landsman (Soccer) Class of 2013



## What team were you on? What year did you graduate and what did you study?

I played on the Marist Women's Soccer team from 2009 -2013 (go Red Foxes!!). I studied Communications (Public Relations and Communication Studies), and graduated in 2013.

#### What is your current job title and what does the position entail?

My current job title is Internal Communications Manager, and I work at Peloton. I focus on employee communications throughout our global team, helping to equip all of our team members with the information they need to do their jobs best (and ideally, feel good while doing it!). I love that so much of my job is about keeping the Peloton team connected, and supporting everyone to achieve our goals as a company. This spans projects like coordinating our company-wide All Hands, managing our global intranet, newsletters, executive communications, change management, and anything else that would require communication to employees.

### How did your experience at Marist and in Marist Athletics aid in the path you chose?

My experience at Marist, and in Marist Athletics, taught me what it means to show up for your fellow teammates. We had good seasons and bad seasons; I started some games, and rode the bench for others. But above all, I learned the importance of what it meant to be a good teammate, on and off the field -- whether we were winning or losing, and whether I had the opportunity to play or not. This was a big learning lesson for me, and at times very difficult... but showed me how important it was to me, as an adult, to work for a company where I felt part of a team. Nothing has brought me more satisfaction in my career than that.

### What is your fondest memory of Marist Athletics?

Winning the MAAC championship, of course! I think about that day all the time! We were the first-ever Marist Women's Soccer team to win the tournament, and it was truly the best day of my life. We had a season of change and uncertainty, and in the face of that, became closer than ever... and it showed in our performance on the field

### What's one piece of advice you would give your college self?

My best advice would be to remember that being kind to yourself is the ultimate form of self-care. During college, it's easy to get lost in the fray of things; the pressure of your sports season, the volume of your workload, the perceived importance of the social scene. Doing your best is always good enough, and that is something I wish I knew back then.



# Jordyn Jean-Felix (Football) Class of 2018

**Alumni Spotlight** 



## What team were you on? What year did you graduate and what did you study?

I was on the Football team at Marist. I graduated in May of 2018 and studied criminal justice and also got my paralegal certificate.

### What is your current job title and what does the position entail?

My current job title is Pediatric Orthopedic Sales Representative for Orthopediatrics. Ortho Pediatrics is a Medical Device company that makes implants to help treat pediatric trauma and deformity. The products help surgeons alleviate orthopedic trauma and help in orthopedic reconstruction. My role entails assisting orthopedic surgeons and the hospital staff during surgery. I will make sure that the surgical technician has all of the proper equipment we will need for the surgery and as the doctor is preforming surgery I assist with getting the doctor the right instruments such as drill bits, wires, plates, and screws. Very infrequently there are complications and I help the doctor troubleshoot during the procedure to bring out the best result for the patient on the table.

### How did your experience at Marist and in Marist Athletics aid in the path you chose?

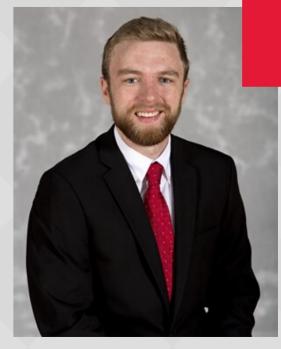
Marist Athletics aided my path I chose after graduation by allowing me to take some skills such as teamwork which is very important in my role. Playing football I had 50+ teammates that were relying on me to show up and put in the work every day just like I was expecting them to do. I work with three other guys and we all rely on each other to get the proper instruments and trays we need at our hospitals so we can successfully service our surgeons across NYC.

### What is your fondest memory of Marist Athletics?

My fondest memory of Marist Athletic is definitely getting able to be around my teammates. I met some life long friends across the years.

### What's one piece of advice you would give your college self?

One piece of advice that definitely is cliché but I would tell my self not to always wait until the last minute.



## STUDENT-ATHLETE OF THE MONTH

# **Christopher Rechen**

Senior Communication West Hartford, CT May 2020

### **Men's Rowing**

- Captain Men's Rowing (2019 2020)
- Intercollegiate Rowing Association (IRA) All-Academic Team (2018, 2019)
- First in open pairs at Head of the Fish (Fall 2019)
- First in Varsity 8 boat that won in a time of 9:49 at Head of the Fish (Fall 2019)
- Second in open pairs at Navy Day Regatta (Fall 2019)
- Second in Varsity 8 boat at Navy Day Regatta (Fall 2019)
- Production Intern at Marist College Athletics worked on all aspects of broadcasting for ESPN3, ESPN+, and Red Fox Network for Marist College sporting events (2019 - 2020)
- Assistant Coach Hudson River Rowing Association (2018 Present)



### STUDENT-ATHLETE OF THE MONTH

# **Claire Oberdorf**

Senior Applied Mathematics Greensburg, PA May 2020

### Softball (Infield) / Basketball (Guard)

- Two year Captain of Softball (2019-2020)
- Joined the Women's Basketball program in Fall 2015 as a walk-on. Played in all 32 of the team's games with 20 starts. In the 2016-2017 season, she started every game.
- National Fastpitch Coaches Association (NFCA) Freshman Top 10 (2016)
- Softball MAAC Rookie of the Year, First Team All-MAAC, NFCA First Team All-Region (2016)
- Softball Second Team All-MAAC (2018, 2019)
- MAAC All-Academic Team: Softball & Basketball (2017, 2018, 2019, 2020)
- Marist Senior Class Award Candidate (2020)
- Nominee for Marist Athletics Sportsperson of the Year (2020)
- Tutor for the AVID (Advancement Via Individual Determination) Program at F.D. Roosevelt High School
- Dutchess County SPCA, Children's Home of Poughkeepsie, Girl Scouts Sport Sampler, Special Olympics, Dutchess Outreach Lunchbox, VFW Backpacks for Homeless Event, MAAC Gives Back PenPal Program

# **CSAE NEWS**

					May 2020	
Important Dates		Contact Us	Contact Us			
May 1	Zoom Networking Coffee Break with Alumni Steven Rizzo @ 2 PM	Need help?				
May 6-7	Additional Add/Drop Registration Days	Alyssa Gates	Director	Ext. 2325	<u>Alyssa.Gates@marist.edu</u>	
May 8	Last day of Spring 2020 classes	Ali Kenney	Assistant Director	Ext. 6302	Ali.Kenney@marist.edu	
May 8	Outstanding Tutor Nominations due	Justin Corcoran	Academic Advisement Coordinator	Ext. 2723	Justin.Corcoran1@marist.edu	
May 11-15	Final Exam Period	Peaches Brown	Assistant Director for Basketball	Ext. 3893	Peaches.Brown@marist.edu	
May 12	Zoom Career Guidance for Student-Athletes: Q&A with Employers presented by Athlete Transition Services and Coached by Kayla @ 1 PM	Sandy Beauvais	Office Assistant	Ext. 2675	Sandra.Beauvais@marist.edu	
		Pete Colaizzo	Writing Specialist	(845) 309-3640	runhed246@Hotmail.com	
May 21	Final Grades due by 5:00 PM	Elizabeth Clarke	Research Librarian	by appointment	Elizabeth.Clarke2@marist.edu	
May 22	Commencement Postponed					
May 23	Commencement Postponed	CSAE Hours		Follow Us on Social Media		
Academic Success Program (ASP)		Sunday	CLOSED	Facebook	maristcsae	
		Manday, Thursday	8:30 AM – 5:00 PM			
Students in the Academic Success Program (ASP) should stay in contact with their CSAE advisor for virtual meetings and guidance during the remainder of the Spring 2020 semester.		Monday – Thursday	7 8:30 AIVI – 5:00 PIVI	Instagram	Marist College CSAE	
U U		Friday	8:30 AM – 5:00 PM			



CLOSED

Twitter

<u>maristcsae</u>

Saturday