

MARIST COLLEGE

Center for Lifetime Study

Chronicle

Summer 2022



Marist College

Center for Lifetime Study

OFFICERS (2022-23)

President:	Jack Fein
VP Admin:	John Wargo
VP Curriculum:	Leonard Turkenkopf
VP Public Info:	Jerry Hayes
Secretary:	Dewey Lee
Treasurer:	Roger D'Aquino

COMMITTEE CHAIRS

Connections:	Miriam Rubin
Classroom Support:	Lou Newman
Finance:	Anne Sileno
Member Services:	Pegeen & Tom Wall
Membership:	Wilma Schmidt
Office Support:	RongYi Pan
Scholarship:	Ken Knapp
Special Events:	Betsy Kopstein-Stuts

COUNCIL AT LARGE

Ruth Kava
Ken Knapp
Gil Seligman
Bernardo Steinvurzel
Sharon Steinvurzel

Message from the President



The past year was very successful for CLS. We owe this to the efforts of the CLS Council and our many volunteers. These folks took responsibility for managing our program through important transitions. They met the challenges of the Covid pandemic; they created responses needed to safeguard the health of our membership, and at the same time, to ensure the viability of our program. As the new academic year begins, I want to thank the dedicated council members who completed their terms. Particular thanks to Leathem Mehaffey, Pat

Luczai, Mike Cowan, Lauren Muffs, Bob Kaminski and Mary Lou Davis, who will transition to other roles at CLS. I know they will continue to contribute in many other ways to keep our program interesting. We are also happy to welcome new faces on the Council to fill these positions. These new council officers are featured elsewhere in the Chronicle. It is encouraging to see talented people in CLS who come forward to maintain the momentum and help shape the programs we enjoy. I know they will be responsive to the needs of our membership, and I urge you to communicate freely with all of us on the Council.

The fall semester is robust with a larger than ever and richer curriculum that includes thirty-one (31) course offerings from the arts, sciences, social sciences and life and leisure committees. With careful consideration to the latest CDC guidelines, we are planning to encourage social interactions thru person-to-person classes, special events and group trips. Some members still have difficulty attending classes in person and others moved from the immediate geographic area, but still want to maintain their affiliation with CLS. For the future, we are working toward adding virtual classes on Thursdays, to reach a wider audience. Further details are provided in the update from Len Turkenkopf.

We learn from our class presenters, but we also learn from each other. We are always interested in growing our circle and welcoming new members with fresh ideas and different backgrounds. Various outreach efforts are underway through Wilma Schmidt and her Membership Committee to attract new members. We have streamlined and upgraded the registration and renewal processes in collaboration with the Marist IT department. Software upgrades now allow us to track each member's credit hours as they develop their semester programs. We have eliminated the membership wait list to simplify the process. Please encourage your friends with like-minded interests to join.

Summer is a good time to reflect on the past year and also a good time to travel. Karin and I just returned from a trip to Florence, Italy. A beautiful city (see *If Its Tuesday...* in September). We enjoyed the rich display of renaissance art and I managed to crash my iPhones Photos program. While I could not get an audience with Lorenzo the Magnificent, I got a taste of the Marist Florence campus which is itself affiliated with the Istituto Lorenzo de' Medici. The program provides a wide range of Bachelor's degrees, as well as a Master's of Art in Museum Studies. Marist was recently ranked #2 among Masters-level colleges and universities for semester study abroad. My timing was not quite right as the faculty and staff were all at a satellite summer program in Venice. However, from the little I did see, the Marist Italy office is an inviting stopover for those who have the opportunity to visit Florence.

As the Florentines say...piacevole e felice estate (pleasant and healthy summer). I look forward to greeting you at our coffee breaks in September.

Jack

CLS Chronicle

Editor: Jerry Hayes

Reporter: Lauren Muffs

Layout & Design: Robin Will





Member Corner

CLS MEMBERSHIP NEWS

Membership spaces are available for the 2022/2023 year (July 1, 2022 through June 30,2023).

CLS no longer maintains a waiting list for membership. The word of mouth has always been that it takes a long time to become of member of CLS. Since this is no longer true, we hope that current CLS members will spread the word to friends and to anyone that has expressed an interest in CLS.

We have a vibrant and exciting offering of courses for the Fall 2022 semester. If you know of anyone interested in joining they can contact the CLS office at (845) 575-3902 or by email: centerforlifetimestudy@marist.edu.

* When sharing information about membership, please mention that **all** members will be **required** to have an email address and access to a computer, smart phone, or other device with internet capabilities.

Wilma Schmidt, Membership Chair

CLS Welcomes New & Returning Members

Janet Adams
Dora Barreto
Irene Bick
Susan Doyle
Mary Grenz Jalloh
Susan Johnson
Daniel King
Maribeth King

Edward Kister
Benita Lehmann
Chengtin Luo
Grace McKay
T. Jeffrey Messinger *
Ramesh Mirchandani
Gale Siegel
Phyllis Smith

Christine Stammer
Denise Stelman
Ellen Stern
Victor Stern
Susan Tierney
Sharon Trocher
Carol Wilmot
Helga Wolin



* Returning Member



This section is used to recruit volunteers to help with CLS related activities, events and projects.

CLS AV/Classroom Support Needs You! Have you ever been in a class wishing the volume was louder? or softer? the charts easier to read? the lighting improved? When you join the Audio Visual committee, YOU can make all those things 'happen' and more! The AV team is recruiting qualified people who are eager to enhance our classroom experience. **To discuss further, contact Lou Newman at CLSAVsupt@gmail.com**

CLS Office Support Needed! The CLS Office is looking for office volunteers to help with phone calls the **weeks of August 8th, August 15th and August 22nd** between 10AM and 3PM. **Contact Robin to sign-up for a date and time slot (845) 575-3902.**

CLS 2022 ANNUAL MEETING...by Jerry Hayes

The Annual Meeting was held on June 7, 2022. The primary purpose of the meeting was to close out the 2021-2022 academic year and make some projections about the 2022-2023 year. It was organized through the efforts and great work of then VP for Administration, Michael Cowan.

This is the 30th anniversary of CLS. There was special recognition at the meeting given to Joan Sherman who, with her late husband Jonah Sherman, founded CLS in February 1992.

The guest speaker was Marist College President, Kevin C. Weinman. He described his background in accounting, finance, teaching and college and financial administration prior to coming to Marist in October 2021. He had high praise for the Marist faculty and students. He said that some people have described Marist as a well kept secret but that he doesn't want to keep it a secret. He described some improvements being made to the campus and also spoke about the acceptance process applicable to those applying to Marist. Some topics of particular interest to CLS members that were mentioned although not discussed at any length were the possibility of moving CLS classes to the Marist campus and members of the Marist faculty teaching some CLS classes.

CLS President Jack Fein spoke about the importance of CLS to the cultural life of the Hudson Valley. He discussed how CLS dealt with the Covid crisis and thanked the Council members and Committee Chairpersons for all of their work during the past year.

There were also reports from various Vice Presidents and Committee Chairs about the CLS curriculum, the need for volunteers and new members, and about the CLS diversity initiative. The substance of those and other reports is contained to some extent elsewhere in this edition of the *Chronicle*.



CLS SCHOLARSHIP FUND & RAFFLE REPORT

by Ken Knapp

CLS had a very successful fundraising year for the CLS Scholarship Fund in 2021/2022. For the first time, our annual picnic had more than a 50/50 raffle. We are proud to report that our fundraising efforts resulted in collecting **\$3,690**. This includes donations received with membership renewals, money collected for purchased raffle tickets and money collected for picnic lunches. A special thanks to the following donors:

Richard & Patricia Aglietti
Ira & Jill Auerbach
Helga Baker
James & Judith Barba
John Beale
Joan Bender
Sandy & Nancy Bernstein
Susan Blodgett
Karen Blonder
Lillian Bono
Mary Ann Boylan
Stephen & Christine Brady
Roberta Brady
Jean Breyer
Reginald & Eleanor Burch
Coleen Burns
Ginny Campilii
Kathleen Carroll
Martin & Eleanor Charwat
Gus & Alice Cirielli
Paul & Mary Coiteux
Anne Constantinople
Michael & Reva Cowan
Kristine Cullen

Dave & Mary Lou Davis
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Jack & Karin Fein
Gary & Ginny Fidler
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Victoria Fox
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Edward & Frieda Gershuny
Rolando Ghedini
Suzanne Gillespie
Jerome & Sandra Goldberg
Clare Graham
Lucina Green
Holly Greer
Gregory & Jean Grod
Kathleen Gromyko

Alan & Kathleen Hall
William & Elizabeth Harrel
Jerry & Sheila Hayes
Dick Herodes
Chih Chun Hu
Irma Jacobs
Robert & Jean Kaminski
Ruth Kava
Robert & Michelle Keeley
Steve & Peggy Kelland
Terry & Beth Kennedy
Joan Kimmel
Cathleen Kinn
Ken & Joan Knapp
Stuart & Kathleen Kofsky
Betsy Kopstein-Stuts
John Kudzia
Tish Lange
Linda Lebensold
Barbara Lifshay
Anita Liguori
Kerry & Joanne Long
Patricia Luczai
John & Barbara Marmillo

Scholarship Donor List continued from page 3

Robert & Dorothy Martinez	Isabel Plambeck	Marlene Straus
Jack & Lynn McCabe	Susan Pretak	Carol Strauss
Denise McGinley	Sandra Pullinger	Lo-Soun & Jean Su
John & Margaret McGinley	Ange & Bette Rapa	Shirley Sullivan
Nancy McKee	Linda Rappaport	Jean Talbot
Leathem & Ann Mehaffey	Lorrie Renz	Jim & Mary Temple
Barbara Mindel	Elizabeth Richardson	Debra Tierney
Lauren Muffs	Judith Riordan	Len & Iris Turkenkopf
Les Muldorf	Kathleen Roper	Barbara Uhl
Robert & Walda Murphy	Mary Jo Ross	Bob Ulrich
Robert & Virginia Nasser	Carol Ruffo	Barbara Van Itallie
Jeanine Nearing	Stan & Wilma Schmidt	Thomas & Pegeen Wall
Carol Neisser	Barbara Schwitz	James & Susan Walsh
Cynthia Nguyen	John Scileppi & Lynn Ruggiero	John Wargo
Esther Odescalchi	Maureen Sears	Steve & Jane Weinerman
Gloria Ossolinski	Jacqueline Seidel	Evelyn Weiss
Merrilee Osterhoudt	Priscilla Seidel	Nancy Wells
RongYi Pan	Gilbert & Arlene Seligman	Madeline Whalen
Merrilyn Paradiso	Charles Shanes	Robin Will
Christopher Parks	Joan Sherman	James & Cathy Willoughby
Jeanne Petrarca Csillag	Kathleen Spencer	Louis & Barbara Zuccarello
Candace Pisterzi	Christopher & Jane Starbala	

Every gift matters! Unfortunately, there is a possibility that we may have missed a name or two. If your name isn't listed and you donated to the CLS Scholarship Fund – THANK YOU! - and we apologize for the omission.

I would also like to thank all of the local businesses and organizations that donated all of the items we raffled off. Those **businesses and organizations** are:

ACME	Mike Arteaga Health & Fitness Centers
Adams Fairacre Farms	Murphy Wealth Management
Amore Pizza & Café	Ocean State Job Lot
Anthony C. Colarusso, DDS	Pete's Famous Restaurant
Applebee's	Pleasant Valley Department Store
Cosimo's	Pool Guys
Fosters's Coach House Tavern	Poughkeepsie Optometry, P.C.
Green Olive Deli	ShopRite
HG Page & Sons, Inc.	Short Hills Restaurant & Diner
Hudson River Valley Institute (HRVI) at Marist College	Southern Dutchess Golf and Country Club
Jack and Karin Fein	Stop & Shop
Jason Patricks on 44/Madison Pizza	Vassar Golf Course
John Wargo	Williams Lumber & Home Center
Marist College Athletics/Brian Giorgis	

And, last but not least, our success is also due to the support we received from the CLS Council, and all of the volunteers working behind the scenes to make it happen. Those volunteers are Merrilee Osterhoudt, Joan Knapp, Betsy Kopstein-Stuts, and Reva Cowan.

Thank you all!!

From the Desk of the VP for Curriculum by Leonard Turkenkopf

Welcome to the 2022 – 2023 academic year. Your curriculum committees have been busy, working hard to provide you with an exciting and varied selection of courses for this fall semester: everything from the History of Baseball to the Music of Ukraine; from Prodding Your Muse to Learning Photoshop Elements and a few travel courses in between. In fact, there are thirty-one (31) courses in total, a wide list to choose from. These courses will all be offered in-person at Locust Grove. By the way, one of the courses, “The 2022 Midterm Elections” will span election day and therefore, go beyond the normal end of our semester. For this, we are thankful to Locust Grove for their flexibility in accommodating our needs.

Speaking of Locust Grove, several questions have come up with respect to in-person vs. online courses and the answers come down in two parts. Here is where we stand at the time of this writing: Part one – hybrid. We tried hybrid during both last winter’s mini semester and this past spring’s semester. But as many of you know, we ran into several technical problems. We will be working with Marist’s Media Department with the goal of coming up with an affordable and workable configuration of equipment. If this exercise is successful, we will try hybrid again in the winter 2023 mini semester. Part two – online only. We will try to develop courses that will be presented only online (not at Locust Grove) and will be offered on Thursdays. This will prevent having to get from home to Locust Grove and/or back. The big issue is finding presenters willing to present to an online only class. To the extent we are successful, these courses will be offered.

To paraphrase the US Marine Corp., we are looking for a few good folks. If you are interested in helping suggest, develop, or present a course, then think about joining one of our committees, either Arts & Literature, General Science, Life & Leisure Studies or Social Science. Your friends who are already on these committees will welcome you.

Speaking of joining and taking a leaf from our Membership Committee Chair, did you know that there is no longer a waiting list to join CLS? Since the pandemic the waiting list has gone away and, in fact, we are looking for new members to join CLS. So, invite your friends.



Monday, September 12, 2022

Fall 2022 Convocation and
New Member Orientation

Location: Locust Grove

Time: To Be Announced

Details about this event and event registration
will be sent by email soon.

Mark your calendar NOW and Save The Date!!!

september

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12 ★	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

CLS Partners with the School of Professional Programs to Mentor Management Studies Students

Are you a mentor?

Let's start a conversation about mentoring, and please allow me to begin on a personal and professional (i.e. academic) note.

Throughout this piece, I use the term *mentor* outside of its connection to psychological theory. It is important for me to acknowledge this because of my relationship with my mentor, Clayton P. Alderfer, who considered Daniel J. Levinson to be "something like a mentor to me" (Alderfer, 2014, P. 8). Levinson and his collaborators first discovered mentor-protégé relationship in organizations when conducting research culminating in the classic volume *A Season of a Man's Life*. In his article *Clarifying the meaning of mentor-protégé relationships*, Alderfer (2014) cautions us:

The chief hazard of losing track of the original meaning of mentor-protégé relationships, however, is that the accurate understanding of important adult developmental phenomena gets lost. Both theory (because terms lose their precise meaning) and practice (because weak forms of a desirable behavior replace strong forms) become contaminated. I believe mentoring as originally conceived is rarer in practice than are other constructive developmental experiences and should be so recognized. (p. 17)

While mentoring its true form may be rare, there is great value in purposefully designed mentor programs. Our pilot programs proved this to be true.

How did the mentor program start?

In 2021, during a routine School of Professional Programs meeting, Robin Will, the coordinator for the Center for Lifetime Studies, was discussing CLS new membership with her usual enthusiasm. With such a bevy of talented members, it occurred to me that CLS had many untapped resources that could bolster programs for adult students considerably. A mentor program seemed like a good start. Since I was teaching a capstone course for our management studies students, we decided to pilot a mentor program to support students in the capstone course Strategic Management and Policy. The goal was to bring the capstone project to life by offering students the opportunity to review a strategic analysis of a company with which they were employed with a mentor who had experience working with a strategic planning process in a similar field. I received very positive feedback from the pilot and decided to offer the program again in spring of 2022.

How does the program work?

The School of Professional Programs announced the program to CLS, requesting bios from interested members. A review of the bios allowed me to make appropriate matches with students wishing to participate. After speaking with interested mentors, I provided them a copy of the course syllabus and strategic analysis assignment. I outlined expectations for both mentor and mentee and encouraged them to agree to a meeting plan that worked best for both. Throughout the semester, I checked in with students and mentors.

In spring of 2022, mentors were invited to attend class on the evening of student presentations and to participate in the Q&A following each presentation. When debriefing with students, they unanimously felt questions from and conversations with the mentor added significant value. Students were extremely appreciative of the time spent with them both in class and one-on-one. Mentors appreciated the opportunity to learn from and connect with students.

"Working with SPP's Management Studies students has been challenging, enlightening, and rewarding. They bring refreshing new ideas to the table and their energy and enthusiasm can be contagious. It is a great way to exercise your mind and provide a useful service." **Jerome D. Goldberg (Mentor '21 & '22)**

"Working with a mentor really gave me a perspective that I never had." **Nicole Nicodemo (Mentee '22)**

CLS Partners with the School of Professional Programs to Mentor Management Studies Students *(continued)*

What's next?

While small, the program has had a positive impact on students, mentors and faculty. I will continue to partner with CLS to offer a mentor option to students enrolled in the management studies capstone course. I believe the experience, expertise, talent, drive for continuous learning and the desire to give back that is prevalent among CLS membership is a rich resource that can yield mutually beneficial programs and relationships. My initial vision was to pair returning adult students with a mentor upon enrollment at Marist, but there are many short-term opportunities ripe for exploration. For instance, there may be other courses in which students would benefit from a mentor program, or perhaps panel discussions or guest lectures would be valuable to students. I would love to hear your thoughts! Please share your ideas with me at the email address below and enjoy the rest of your summer.

Corey Fenstemacher, Psy.D.
School of Professional Programs
Lecturer of Management
Organizational Psychologist and Consultant
Corey.fenstemacher@marist.edu

References

Alderfer, C.P. (2014). Clarifying the meaning of mentor-protégé relationships. *Consulting Psychology Journal Practice and Research*, 66(1), 6-19. <https://psycnet.apa.org/doiLanding?doi=10.1037%2Fa0036367>

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NEWS

Authors and Articles Needed

How about having an article or story published in the *Chronicle*?

The primary purpose of the *Chronicle* is to keep our members informed of various CLS events and activities. In addition, we try to include informative or entertaining articles or stories in each edition. These topics may include local history, hobbies, human interest, current Dutchess County events and anything else that might be of interest to our members.

Please consider taking some time during the next month to write an article or story for the *Chronicle*.

If you have any questions or wish to submit an article, please contact Jerry Hayes at clspubinfo@gmail.com.

Introducing Our New 2022/2023 CLS Council Members



John Wargo - Vice President of Administration

I am John Wargo, newly elected VP for Administration. My responsibilities include chairing the Administration Committee, maintaining a liaison with Marist College, and serving on the Finance Committee. I also assist the Administrative Coordinator as needed, including Office Support, the PhoneMail Committee, and the organizer of Convocation and Annual Meeting events. I was a Member At Large before assuming my current position.

I joined CLS in 2019 (*after 5 years on the waiting list*). I am impressed with the dedication of the members and the quality of the presenters, both as a participant and a presenter myself.

I am a retired Senior Engineer and Executive Project Manager from IBM after 38 years. I am an active volunteer with the Lions Club International, holding positions at the Club, District, State, and International levels. I am enjoying my retirement, my hobbies include travel, photography, sports, and generally spending time with family and friends, including three children, four grandchildren, and my wife of 42 years.

I look forward to serving in this new position. Contact me with any questions or ideas, and please say hello during our coffee break!

Jerry Hayes - Vice President for Public Information

Jerry Hayes is a retired Dutchess County Court Judge. He and his wife Sheila have been members of CLS for approximately eight years. During the past several years, Jerry has volunteered as a course organizer, served as a class manager, and, at times, been one of the speakers in five courses pertaining to the law and the courts. He has also been a member of the Social Science Curriculum Committee for the past few years.



Louis (Lou) Newman - Classroom Support/AV Committee Chair



I have been a member of CLS for over 12 years. I joined the AV Committee early in the Locust Grove era.

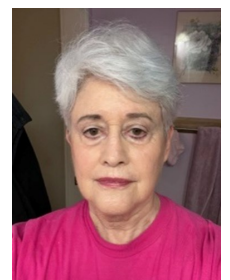
My technical background stems from over 37 years at an international business machine company some of you may have heard of and from which many of you still get your pension checks. I was fortunate to work with the likes of Herb and Barbara Sweet, Leathem Mehaffey and Ange Rapa as well as many other highly skilled technical gurus.

I look forward to a successful tenure as we work to make the CLS experience the best it can be.

Ruth Kava - Member At Large

Ruth Kava is a retired nutritionist/registered dietitian who has (so far) managed to escape Covid. She earned her PhD in Human Nutrition from Columbia University, and her R.D. at (then) New York Hospital, and worked as Director of Nutrition at the American Council on Science and Health in NYC.

Ruth enjoys volunteering at the Poughkeepsie Public Library's Friends bookstore, as well as at the Dutchess County SPCA in Hyde Park. She plans to work on her bucket list of travels, now that the pandemic has eased—first stop France, then hopefully Scandinavia.



Gilbert (Gil) Seligman - Member At Large

Hello. My name is Gilbert Seligman. When you see me just call me “Gil”. I’m new to the CLS Council as a Member at Large. My wife, Arlene, and I are members of CLS for several years now and thoroughly enjoy the comradery, classes, and trips.

My past experiences are varied. After several years in the Seventh Avenue fashion industry, I joined my father in his New York firm manufacturing knitting bags, beach bags and wholesaling items related to the knitting industry while attending Pace College, now Pace University. From that experience I decided upon teaching and went to Columbia University to get a Master’s in Education and license to teach business on the secondary level.

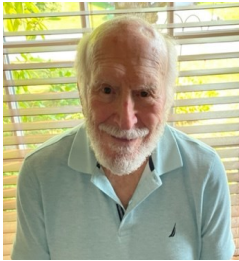
Strange as it may appear my first teaching position was as an assistant professor at a college in Maine. That lasted three years when I took a position in the Department of Business Technologies at Dutchess Community College to be closer to our families because I came from White Plains and my wife from Stamford. I taught at Dutchess for thirty-eight years. As a retiree, I do a lot of bicycle riding, taking part in bike tours, travelling, and for hobbies I enjoy constructing model boats.

We have two sons; one lives in Manhattan and runs his own firm setting up computer systems and software, the other son is a doctor in Rochester specializing in maternal fetal medicine.

I hope this bio gives you a bit of an idea of who I am. Maybe we’ll meet if you attend one of the classes where I am the class manager. It’s my way of contributing to CLS



Bernardo Steinvurzel - Member At Large



I was born and raised in Buenos Aires, Argentina where I received my medical degree. In 1963 I completed an internship at The New York Polyclinic Hospital, then a one-year residency in Internal Medicine at Coney Island Hospital in Brooklyn. In 1968 after completing a three-year residency in Ophthalmology at the Albany Medical Center, I came to Poughkeepsie where I practiced Ophthalmology for forty years.

Medical organizations and memberships are as follows: Diplomate of the American Board of Ophthalmology, Fellow of the American Academy of Ophthalmology, the American College of Surgeons, the International College of Surgeons, Clinical Associate Professor at the Albany Medical

College Department of Ophthalmology, a Member of the Dutchess County Medical Society, Director (*for one year each*) of the Department of Ophthalmology at Vassar and St. Francis Hospitals, a member and chair of the Credentials Committee at Vassar Brothers Hospital, and received a Certificate of Appreciation from the Chief of Interpol Argentina.

I’m happy to be part of CLS.



Sharon Steinvurzel - Member At Large

I was born and raised in NYC and attended the Fashion Institute of Technology and received an Associate in Applied Science Degree with a major in interior design. I worked in the design field, in New York, until I married Bernardo Steinvurzel and moved to Albany where he was completing a residency in Ophthalmology.

In 1968 we moved to Poughkeepsie where Bernardo opened his medical office. It is here that we raised our three sons. When the youngest was sixteen, I returned to school and completed my Bachelor of Arts Degree in Spanish and Latin American studies which facilitated my becoming a per diem court interpreter. I then certified with an agency that had a contract with the Department of Justice and was able to interpret in Immigration Courts. Subsequently I became a full-time medical office manager until Bernardo retired.

I have been helpful in many charitable organizations and am a past president of the Dutchess County Medical Society Auxiliary. I am looking forward to contributing to the CLS.

