



MARIST COLLEGE Center for Lifetime Study Chronicle

Winter 2022

Message from the President



During the 1918 influenza pandemic most schools completely closed for months at a time. This helped reduce the overall and peak attack rates and the number of deaths. Without access to their teachers, students at all educational levels, were largely on their own. At that time, there were no computers or online educational resources. Students read the few books they had and many kept journals. Many wrote letters which are now archived in a collection at the University of Kansas Library. These letters described how tough life was and how difficult it was to maintain any interactive learning venues.

By stark contrast, the last few months have brought home the value of CLS membership. After a mild December, a cold chill hit Dutchess County with a vengeance. While the rest of Dutchess county was huddling around their fireplaces, fearful of contracting the latest variant of Covid, CLS members were living large. Thanks to a thoughtfully planned winter program by our curriculum committees, led by Len Turkenkopf, both the vaxxed and the Zoomers among us, travelled in style.

Ange Rappa, took us on an interesting ride in his Tesla. We learned about the life and work of the genius, who adapted AC current to make modern wireless life possible. We saw him use a large coil to generate millions of volts of discharges and artificial lightning. That was quite a shocker. Part of the itinerary for this adventure, also included a ride in a wireless radio-controlled boat that Tesla first designed.

Our thanks to Dick Herodes and his grandfather Antonin, who drank wine every day and lived to ninety-six and to his many uncles, aunts and cousins. He guided us back in time to the origins of the Czech people. We met a nice fellow called Cech who started the whole thing. (*see below*)

LIBER PRIMVS CHRONICORVM REGNI POLONIAE I
LECH CZECH



We learned some basic Czech phrases. We travelled down the Moldau, through Moravia, Bohemia and Silesia to arrive at a farmhouse at #8 Koblynice. I could almost taste the Pilsner and original Budweiser Beers. I think a number of us stood up for the Czech National Anthem.

Not only did we travel to interesting places but we did it with a sense of style and fashion. David Roberts, Adjunct Instructor at Marist College provided a survey of clothing styles from WWII. We saw how non-conformists dress. Pardon me while I change into my zoot suit.

For those of us who could not be there in person we were able to travel vicariously through Zoom, thanks to Leathem Mehaffey, Ange Rappa and associates. Our members are rapidly adapting to this new learning tool. It is encouraging to see that most of us have learned to mute ourselves when we join these virtual sessions. Nevertheless, there were still some entertaining household scenarios played out in real time. Fortunately, we were not recording for posterity.

~ Continued on page 2

Marist College

Center for Lifetime Study

OFFICERS (2021-22)

- President: Jack Fein
- VP Admin: Michael Cowan
- VP Curriculum: Leonard Turkenkopf
- VP Public Info: Lauren Muffs
- Secretary: Dewey Lee
- Treasurer: Roger D'Aquino

COMMITTEE CHAIRS

- Connections: Miriam & Frank Rubin
- Classroom Support: Leathem Mehaffey
- Finance: Anne Sileno
- Member Services: Pegeen & Tom Wall
- Membership: Vacant
- Office Support: RongYi Pan
- Scholarship: Ken Knapp
- Special Events: Mary Lou Davis
Barbara Marmillo

COUNCIL AT LARGE

- Robert (Bob) Kaminski
- Ken Knapp
- Betsy Kopstein-Stuts
- Patricia Luczai
- John Wargo

CLS Chronicle

Editor: Lauren Muffs

Reporter: Wilma Schmidt

Layout & Design: Robin Will



Message from the President (continued from page 1)

All in all, this was good practice for the coming spring semester when we will have a rich program of in person classes and more social interactions. The latest CDC projections for Dutchess County show declining infection rates, which are encouraging. As of this writing, we plan to restart our in- person format with options for virtual class offerings, in the Spring semester. Our members like Zoom in bad weather, when Covid is in the air and when wintering at a distance. However, to have these options we will need to recruit more class managers from the membership. Let's all work together to make the Spring semester our best yet.

This edition of the Chronicle coincides with the 30th anniversary of our founding on February 12, 1992. We are proud that Marist CLS has grown in parallel with Marist College to become an important cultural resource for the Hudson Valley. With the help of Merilee Osterhoudt and our anniversary committee, we plan to mark this milestone throughout the year. Stay tuned for further details.

Jack

UPDATED – January 21, 2022 COVID Protocols for Marist CLS

Dear CLS Members,

Starting on April 5th, the Marist Center for Lifetime Study program (CLS) will offer members in-person classes at Locust Grove.

In the interest of our communal health, **ALL** members are required to submit documentation that they have been fully vaccinated for Covid-19, including the booster shot by **March 1st** to the CLS office by email.

**ALL members attending in-person classes at Locust Grove
will be required to wear a mask at all times.**

CLS ID Badges:

The new **2021-2022 CLS ID** badges will be coded to indicate vaccination status. Members will be required to wear and show the CLS ID badge for entry to Locust Grove.

Members that are ***officially confirmed*** to attend in-person classes at Locust Grove for spring 2022 and have confirmed vaccination status, will be issued a new ID badge on the first day of class.

Members that did not get their CLS ID badges during winter semester will be able to pick-up their badges in April when spring classes start. A check-in table will be set-up at Locust Grove and the Membership Committee volunteers will distribute the badges. Please arrive a little earlier to allow time for getting your new CLS ID badge before classes start.

Submitting Vaccination Proof:

A scanned copy or picture of your vaccination card can be sent to the CLS office **by email by March 1st**.

Robin Will, our administrative coordinator, will also be setting up a series of Zoom sessions where members can “share” their vaccination card virtually. The dates and times of these Zoom sessions will be forthcoming.

For members that are not fully vaccinated, you will be required to show documentation of a negative Covid test done within 72 hours of any in-person class or indoor event.

If you have any questions or need assistance with this process please call the CLS office at (845) 575-3902, Robin will be happy to help.

Jack
Jack Fein, President

From the Desk of the VP for Curriculum Leonard Turkenkopf

Here we are, we made it to 2022 and there is a lot going on organization-wide and particularly in the area of curriculum.

Right now, for the Spring semester, there are two immediate needs. The first is for class managers to staff our courses. We also need one or two volunteers to step-up and chair/co-chair the General Science committee. We can always use new members on all of our committees. CLS is a volunteer organization. It is run for and by volunteers. The more we have the more we can accomplish.

As those who participated in our winter mini-semester hybrid experiment knows, it was not without its speed bumps and rewards. First let me thank the three presenters: Richard Herodes, Ange Rapa, and David Roberts for their excellent presentations. Some of the technical issues proved that the equipment we have was not up to the job. As a result, and with the advice of Leathem Mehaffey and Ange Rapa, the Council, at its January meeting, authorized obtaining the necessary equipment to do hybrid streaming in one classroom. This, with the additional training of class managers on this new equipment should resolve many of the problems we had. This hybrid solution allows for the inclusion of the vulnerable and more cautious members the ability to continue to participate in a meaningful manner at CLS this spring during this time of uncertainty.

With the hope that the worst of the pandemic is behind us, the council, also at its January meeting, after much discussion, decided to go ahead with in-person classes at Locust Grove (LG) under the following rules:

- ◆ Members attending classes at LG must be fully vaccinated including boosters.
- ◆ Members must be masked while inside the building.
- ◆ Beverages might be served during breaks, as long as they are taken outside to be consumed.

The council will continue to keep a close eye on the number of new COVID cases in Dutchess County.

The enhancements to our class registration processes, moving from a 6 class maximum to a 48-credit hour maximum has been put on hold. CLS and the Marist IT Department will resume their work on this initiative this summer with implementation slated for the Fall 2022 registration process.

Throughout this pandemic your curriculum committees have worked tirelessly to provide you with a wide variety of interesting and informative courses. With the above changes and with your help we will continue to do so in the future.



Member Corner

CLS Welcomes New Members

Cathy Augello	Mary Dillon	Lorrie Renz
John Beale*	Elaine DiNovo	Daniel Sims
Carol Bless	Joanne Pinello Kaley*	Tricia Sims
Ann Crowley	Margaret Kasin	Kathleen Spencer
Jeanne Petrarca Csillag	Nancy Leone-Schmidt*	Andrew Trimboli
Frank Degano*	Robert Lomino	Barbara Uhl
Liz Degano*	Josephine McGrath	Ellen Woods
Suzanne Derian	Gloria Ossolinski	* Returning Member

In Memoriam

CLS mourns the loss of fellow members
Barbara Carpenter (Jan. 2022)
George Stuts (Jan. 2022)



This section is used to recruit volunteers to help with CLS related activities, events and projects.

The Curriculum Committee is looking for one or two volunteers to serve as chair/co-chairs of the General Science Curriculum Subcommittee. Email Len Turkenkopf at: curriculumcls@marist@gmail.com

Class Managers Needed for: LLS2 - The Temporal Power of the Papacy: World Government Exercised by the Pope and
LLS5 - Chair Yoga

SPECIAL EVENT NEWS

Critical Race Theory: A Moderated Panel Discussion (Zoom/Virtual Event)

Date: Thurs. April 7th Time: 10:30am to 12:00pm

Have you been in school recently? Maybe work in a large organization? Or seen something on the news lately? Critical race theory (CRT) has been a hot topic, but what is it? Find out why people are talking, arguing, and even passing laws about it. Two speakers with opposing views will discuss CRT with Dewey Lee moderating. Questions will be taken from the class.

~ Look for Special Event Registration in the course registration link ~



Note: If you already registered for classes and didn't register for this event, send an email to the CLS office and request to be added to the participant list.



SAVE THE DATE
Tuesday, June 7th
The CLS Annual Meeting & Picnic 

Location: Locust Grove

 **Time: Meeting Starts at 10:00 AM** (tentative)
Picnic Immediately After Meeting

Event Coordinator: Contact Betsy Kopstein-Stuts

Details about this event and registration will be provided at a later date.
* Volunteers will be needed for this event

CLS 30th Anniversary Trivia

Today's Trivia Question: What prominent Dutchess County resident was a lecturer in the first CLS semester in 1992 and the keynote speaker at the 25th Anniversary Convocation? 5 extra points if you know the topic! (check the CLS Facebook group page for a hint)

If you use Facebook and you aren't a member of the CLS Facebook Group page, send an email to merrileecls@aol.com so you can be part of our social media community. (see page 5 for FB details)

If you would like to be part of the 30th Anniversary Celebration Committee, email Merrilee Osterhoudt, merrileecls@aol.com.



Mentoring Program for Management Studies Students

By Corey Fenstemacher, PsyD, Lecturer of Management
Marist School of Professional Programs

In spring 2021, the School of Professional Programs launched a pilot mentoring program between CLS members and Management Studies students who were enrolled in the capstone course: Strategic Management and Policy. Both mentees and mentors benefited from the experience. We are running the capstone course again starting March 21st, 2022. While the class is very small, we would still like to offer students the opportunity to connect with a mentor. If you are interested in serving as a mentor, please contact Corey Fenstemacher to learn more about this start-up program. She can be reached at corey.fenstemacher@marist.edu. We appreciate the support you provided last year and look forward to evolving the program.



MENTOR:
learning from
someone who
wants you to grow



CLS's DRIVE FOR DIVERSITY

By Michael Cowan

For purpose of this Chronicle article a working, relevant definition of **diversity** is stated in the following:

the practice of including, involving people from a wide range of different social, ethnic, and racial backgrounds within the organization.



Relative to this definition the CLS Council has decided to focus on enhancing both the diversity of our membership and expanding curriculum offerings – both in diversity-related course topics and hopefully, associated presenters – to increase our efforts in this important aspect of our organization. Since there is widespread agreement on the part of the Council on the need to improve diversity and inclusiveness, a number of preliminary recommendations were identified to help facilitate these diversity efforts, especially in reaching out within our community to recruit interested minority members into CLS's ranks. Something that we have not previously done successfully and with any concerted focus. We are also planning dedicated diversity related discussions to take place with both Marist College experts and separately with other local Lifetime Learning Institutes, who are likewise beginning to pursue similar initiatives and efforts, to compare approaches and hopefully identify and share some best practices that might emanate from these interactions for accomplishing our respective diversity objectives.

Of course, another intent of this article is to mention these upcoming efforts for our members awareness as well as sensitizing our membership to the importance of expanding our diversity related reach out focus and thus asking for everyone's help to attract more of a diverse membership. It should be pointed out that the Council recognizes that this is not an easy task to successfully deliver on, that is, meaningful diversity efforts and keeping promises made. However, in celebrating CLS's 30th Anniversary Year with many accomplishments to applaud, it is a most appropriate time to adopt a concerted, more systematic approach to diversity and this will be reflected in our upcoming efforts.

Finally, to this end, we want to encourage each of our members to please support this reach out goal in the community, especially to your minority acquaintances, and "talk up" the benefits of joining CLS relative to its long-standing mission and successful history of sustaining a peer-led, continuing education program that provides intellectual opportunities, cultural exploration and academic development to local seniors. Moreover, please contact any CLS Council member with your suggestions. We welcome all CLS members help to reach this important new effort.



CLS is on the Social Media Scene!



We've got our very own **Facebook** group page where we post things of interest to our members throughout the year. If you want to stay on top of CLS news, learn about interesting activities and events, see photos of CLS doings and just hang out with other CLS members, join the **Marist Center for Lifetime Study Facebook group**.

Watch your email for an invitation to join our group. If you don't use **Facebook**, you will be able to set up a Facebook account and participate in the group.

If you are already a **Facebook** user, you can visit our group page right now by doing a search on Marist Center for Lifetime Study. Click on **JOIN** to submit a join request. You will be notified when a CLS administrator approves your request.

Marist Center for Lifetime Study Group Guidelines

Membership in the Marist College Center for Lifetime Study group is restricted to members of CLS. This group was formed to provide a safe place for CLS members to share enjoyable experiences, interesting ideas and items of interest with other members, in a pleasant and enjoyable manner. The CLS office will post pertinent and timely information as it becomes necessary. Group members are not permitted to engage in negativity, political rhetoric, bullying or offensive language.

CLS Scholarship Committee Update & Activity Report

By Ken Knapp, Scholarship Committee Chair

Outreach to and support of the Marist College community is an integral part of CLS. The CLS Endowed Scholarship, which is funded by CLS members, fulfills those initiatives. The funds we award are earmarked to address the unique needs of the adult, non-traditional student who is enrolled in a degree program at Marist College. Many of them face significant challenges as they balance education, family and work responsibilities, without access to the variety of financial aid opportunities afforded to most traditional college students. We are proud to announce that the CLS Scholarship Committee has approved two scholarships to be awarded for the spring 2022 semester to deserving Marist students that meet our criteria: **Julianna Reeves** and **Austin Miller**.

The Scholarship Committee is planning to have a “BIG” raffle at our annual picnic as one of the CLS 30th Anniversary activities. All proceeds go to this scholarship fund. We hope to put together an array of prizes and raffles, including items donated by local businesses and individuals. We think you will be pleasantly surprised!

We are still in the planning stages and details will be provided as we get closer to the event.. If you would like to participate on the Scholarship Committee’s fundraising team by making a prize donation of your own or by assisting with obtaining prize donations, please contact Merrilee Osterhoudt, merrileecls@aol.com or Ken Knapp, kjklloon@gmail.com.

Hoping you have a safe and happy remainder of the winter! ~Ken

Julianna Reeves - CLS Scholarship Essay \$2,450 Awarded for Spring 2022

I am an adult student pursuing my undergraduate degree in Biology with a concentration in Human Biology. This semester marks the beginning of my junior year in college. I feel that transferring to Marist College to continue my education was one of the best decisions that I have made throughout my journey within my education. Not only do I feel like I have solidified my identity within my major, the closer I get to completing my degree the deeper the passion that I uncover for what I am studying. My goal is to become a Physician’s Assistant and to continue that goal by pursuing a master’s degree at Marist College in PA studies. The “Red Fox” community is something that I will always be grateful for and want to continue to be a part of it. In addition to being a part-time student, I have a full-time job as an Assistant Manager in retail. The corporation that I work for is called the Destination XL Group and we specialize in high-end men’s big and tall clothing. Like most companies, during the COVID-19 pandemic I was placed on furlough but was fortunate enough to have been called back to work once the restrictions eased and businesses could reopen. However, being that my salary is a commission-based pay I did take quite a pay cut upon return. Just before the pandemic began in March of 2020 I got engaged to my other half. I am currently on quite a journey not only in my education but in my personal life as well. My fiancé and I are looking to set down roots in the Hudson Valley and purchase our first home here. Although it can be overwhelming at times to balance both work, school, and my personal life I get through it and will never give up on pursuing my dreams. To even be considered as a recipient for the Center for Lifetime Study Scholarship would truly be an honor. I am a hardworking student that has yet to receive a final grade of an A- or lower. My current GPA stands at a 3.95 and I will continue to work

hard to set myself up for success. I take my education seriously and I have a passion for what I am studying. I cannot wait to become a Physician’s Assistant and help to make the world a healthier and happier place. ■

Dear Members of the CLS Scholarship Committee,

I want to express my sincere appreciation and gratitude for awarding me with the Center for Lifetime Study Scholarship. Your generous scholarship award means so much to myself and to my fiancé. Receiving this scholarship puts us closer to our goal of putting down permanent roots in the Hudson Valley as well as putting me closer to achieving my dream of becoming a Physicians Assistant and helping to make the world a happier and healthier place.

Your kindness and generosity are such wonderful reminders of how grateful I am to be a part of the Red Fox Community and how the importance of kinship and kindness truly have the power to have such a positive impact on a person's life. I am looking forward to the rest of the semester and keeping you all updated with the progress on my future career and future endeavors.

Thank you again for awarding me the Center for Lifetime Study Scholarship. I will continue to work hard and follow the example of kindness and generosity that the CLS Scholarship Committee has shown me. This is truly an act of kindness that I will forever be grateful for throughout my educational progression.

**Sincerely,
Julianna Reeves**

CLS Scholarship Activity

~continued from page 6

**Austin Miller - CLS Scholarship Essay
\$1,000 awarded for Spring 2022**

First, I would like to thank you and the committee for the consideration in being invited to apply for the Center for Lifetime Study Scholarship. This opportunity for help with the financial aspect of higher education, is a humbling experience. Also, I find it an experience that will further my education into the processes and benefits of scholarships. As a first-generation student I have had a unique collegiate experience thus far. Growing up in the small rural town of Pine Plains, NY where there is only one traffic light my options were, to say the least, limited if I wanted to remain in the area. After high school in which I put up a less than admirable performance, I was faced with the harsh reality that I wasn't necessarily set up for success in the real world, let alone in college. This was due to the fact I didn't take high school seriously and my family was not in a financial situation to support any type of collegiate endeavors. So, it was off to the local U.S. Navy recruiting station in Poughkeepsie, NY. On April 3, 2013 my life changed forever and though I didn't know it yet, it was for the better. After two months of boot camp in Chicago, IL and a subsequent two more months of military police training in San Antonio, TX, I was off to my first duty station just west of Seattle, WA. I spent the next three years attached to Marine Corps Security Force Battalion in Bremerton, WA providing security around nuclear submarines. After that I was shipped to Naval Air Station Key West, FL for another three years performing on base law enforcement. On top of this duty, my unit was tasked with maintaining the security of the base during Hurricane Irma in September 2017. Myself and ten other MPs stayed to pick up the pieces of the Lower

Key's community without electric or running water for over 21 days. Once the rest of the base personnel arrived via air support from being evacuated, we spent our off ours in between twelve on twelve off schedule, out in the community handing out supplies to the locals. This is where I realized the military lifestyle was not one that I would want to continue. Of the many reasons I came to this revelation was the fact that I eventually want to settle down and have a family. ■

Dear Center for Lifetime Study Committee,

I would just like to personally thank you for the opportunity to apply for this scholarship and for deciding on my application as being worthy for such a generous scholarship. This is truly a humbling experience.

I would also like to thank the committee and the Center for Lifetime Study for what you do in the local community. Encouraging education throughout the entirety of one's life is truly a noble cause, and I am sure Mr. and Mrs. Sherman would be beyond proud of the impact you and the CLS have had on the local community!

Again, thank you for the generous scholarship opportunity and I hope to make the committee proud with its decision!

**Thank you and respectfully,
Austin Miller**



Making A Donation to the CLS Scholarship Fund

Donations to the CLS Scholarship can be made at any time. You can honor or memorialize a loved one, family member, friend, or colleague. No amount is too small and will be received with appreciation and gratitude by CLS and our student recipients.

Make your check payable to Marist CLS with a note in the memo "CLS Scholarship"

Thank you!