

MARIST

Center for Lifetime Study



Welcome to CLS's FALL 2021 CONVOCATION Meeting

(Sept. 2nd 2021)

Our meeting begins at 10:30 AM

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□ INTRODUCTION

□ HOUSEKEEPING ITEM => Q & As

□ CONVOCATION AGENDA

MIKE COWAN
VP of Administration



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CLS FALL 2021 CONVOCATION (WEBINAR FORMAT) **“HOUSEKEEPING” ITEM Re. Q & As**

Zoom Meeting and Webinar platform offer similar features and functionality but have some key differences:

TODAY’S Convocation attendees => video off and chat is muted.

Consequently, to interact with the host and speakers, attendees cannot use “Chat” or “Raise Hand” (BOTH disabled) -- ONLY “Q&A” option is operational => moderated chat

MODERATOR IS ROBIN WILL, CLS’s ADMINISTRATIVE COORDINATOR

Lastly, PLEASE limit your questions to speakers’ topics - Thanks

Audio Settings ^



Chat



Raise Hand



Q&A



Leave Meeting

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CLS FALL 2021 CONVOCATION - PROGRAM AGENDA

CONVOCATION PURPOSE & WHY THIS ONE IS “EXTRA SPECIAL”

❖ WELCOMING REMARKS

DR. JACK FEIN - CLS President

DR. THOMAS WERMUTH - VP for Academic Affairs & Dean of Faculty, Marist College

➤ **CONVOCATION THEME - HIGHLIGHT START OF CLS’s 30th ANNIVERSARY ACADEMIC YEAR
(MARIST ANNOUNCED CLS IN FEB 1992)**

➤ **SPECIAL GUEST SPEAKERS – “GENESIS OF CLS”**

JOAN SHERMAN, CLS CO-FOUNDER (WITH LATE HUSBAND, JONAH SHERMAN)

And ELLIE CHARWAT, CLS AND MARIST STAFF (1984 TO 1997)

➤ **FEATURED SPEAKERS:**

DR. JANE GANGI AND LACONIA THERRIO, PROFESSIONAL STORYTELLERS

WHAT IS A STORYTELLER?

SHARE STORIES RELATED TO THE THEME – “ROOTS, HISTORY AND HERITAGE”

➤ **Q & A OPPORTUNITY (VIA ZOOM’s Q & A FUNCTION)**

➤ **WRAP UP / ADJOURN**

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CONVOCAATION PURPOSE & WHY THIS ONE IS “EXTRA SPECIAL”

- ❖ **FORMALLY COMMENCES CLS’s ACADEMIC YEAR (2021-22)**
- ❖ **ALSO KICKS OFF CLS’s 30th ANNIVERSARY YEAR – Founded Feb 1992**
New Member Orientation (Held Yesterday) – Welcomed 10 new CLS members

CLS’s ACADEMIC YEAR’s SCHEDULE (JUL 1, 2021 TO JUN 30, 2022)

❑ Fall 2021 Semester (September / October / November)

Eight Weeks of Classes – Starts Thurs, Sept 9th, 2021 (22 Courses Being Offered)

Special Event – Sept 27th, 2021 (Mon. at 11am): *What are the Limits of Free Speech?*

Special Trip – Sept 17th, 2021 (Fri. at 10am): Wethersfield Gardens in Amenia, NY

❑ Winter 2022 Semester (Mini Session)

Month of January 2022

3 or 4 Day Classes Per Course - Over 3 Weeks; Starts Tues, Jan 11th, 2022

❑ Spring 2022 Semester (April / May)

Eight Weeks of Classes - Starts Tues, Apr 5th, 2022; Special Events - TBD

Annual Meeting & Annual Picnic (End of June)

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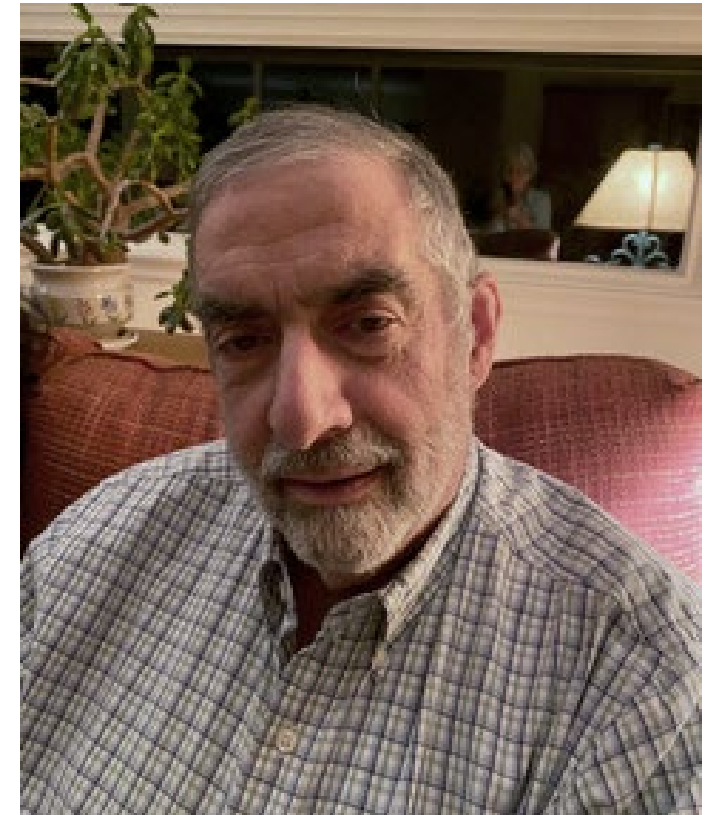
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□ WELCOME

DR. JACK FEIN
CLS President



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2021 - 2022 CLS COUNCIL

Officers

President - Dr. Jack Fein

Vice President of Administration - Mike Cowan

Vice President for Curriculum - Len Turkenkopf

Vice President for Public Information - Lauren Muffs

Secretary - Dewey Lee

Treasurer - Roger D'Aquino

Council At Large Members

Bob Kaminski

Ken Knapp

Betsy Kopstein-Stuts

Pat Luczai

John Wargo

Committee Chairs

Membership - Barbara Carpenter

Finance - Anne Sileno

Classroom Support - Leathem Mehaffey

Special Events - Mary Lou Davis

Connections – Miriam & Frank Rubin

Member Services – Pegeen & Tom Wall

Office Support - RongYi Pan

Scholarship – Ken Knapp

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KRISTINE CULLEN

*Assistant Dean/Director of Summer Pre-College Programs
School of Professional Program*



ROBIN WILL

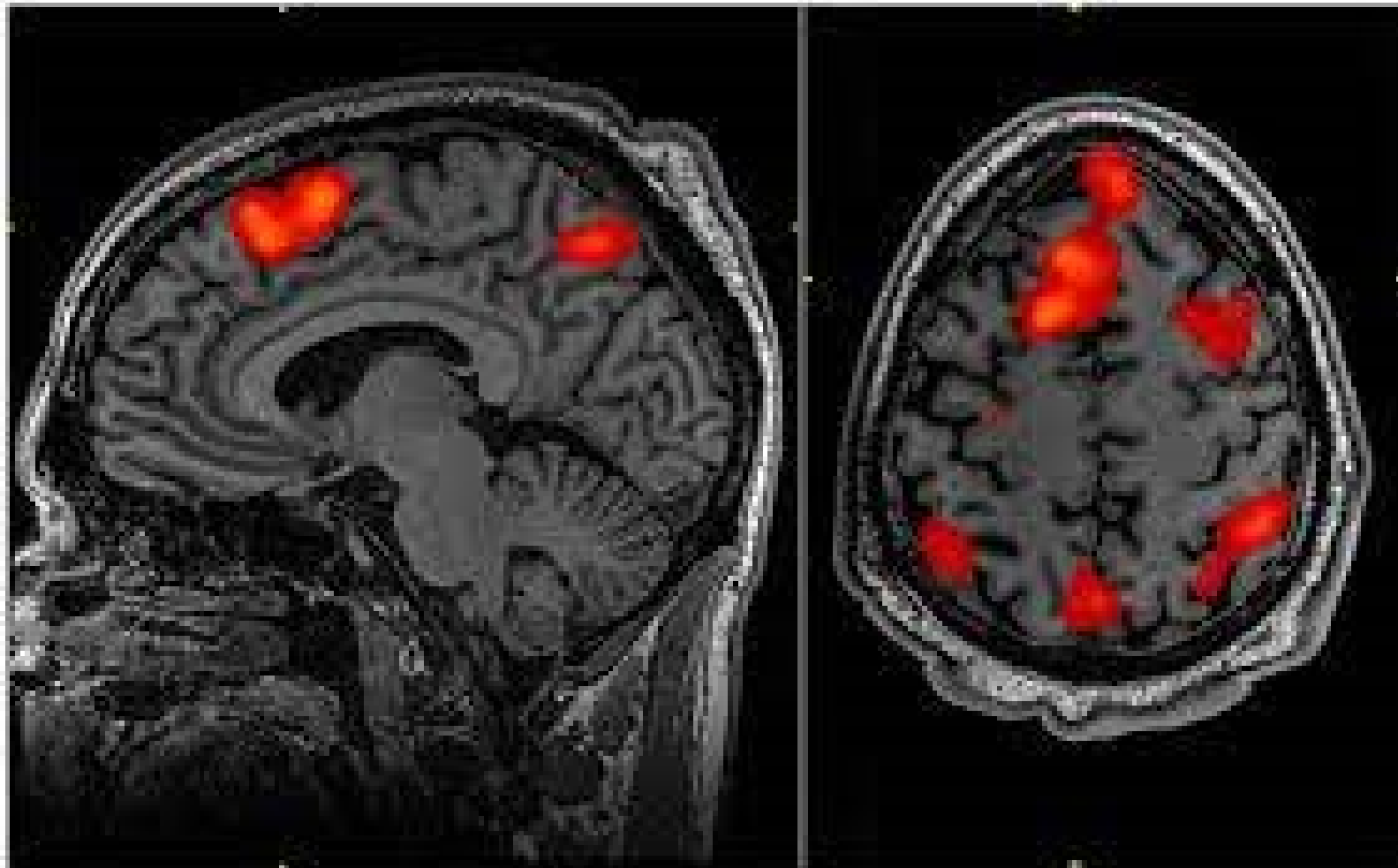
*Administrative Coordinator
Center for Lifetime Study*

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Effects of Lifelong Learning on Cognitive Decline



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Effects of Lifelong Learning on Cognitive Decline

1. Vemuri, P. et al., JAMA Neurol. 2014, Aug : and 71(8):1017-24

.....mid/late life cognitive activity, were significantly associated with longitudinal change in cognitive performance (p<.001)

2. Lesnick, T.G. et. al, Neurology 2016 Mar 22;86(12):1128-35

intellectual enrichment (high education, high midlife cognitive activity) is associated with lower amyloid in APOE4 carriers

3. Murray, A.D., et. al. Brain, 2011 Dec;134(Pt 12):3687-96.

.....educational enhancement has a measurable and positive effect, with a standardized regression weight of +0.23, on late life cognitive ability

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□ Welcome

Dr. Thomas Wermuth
Vice President for Academic
Affairs and Dean of Faculty,
Marist College



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□ REMINISCES – CLS's BEGINNINGS

JOAN SHERMAN

Co-founder of CLS along with her late husband JONAH SHERMAN

ELLIE CHARWAT

**Active CLS Member and Former
Executive Director of the Marist College
School of Adult Education (1984 – 1997)**

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PROFESSIONAL STORYTELLERS

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□ **STORYTELLERS – POIGNANT STORIES**

DR. JANE GANGI

**Former full-time Education Professor and
current Adjunct at Mount Saint Mary College,
Newburgh, NY**



LACONIA THERRIO

**Therapist, Chaplain and Director of
Behavioral Science of Stamford
Hospital's Family Medicine Residency
Program**



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□ Q & As

**ANSWERS => FROM THE VARIOUS PRESENTERS
AS APPROPRIATE**

NOTE: can post questions using only Q & A icon

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CLS FALL 2021 CONVOCATION (WEBINAR)

SOME HOUSEKEEPING ITEMS

Zoom Meeting and Webinar platforms offer similar features and functionality but have some key differences

Convocation attendees are view-only participants, and are muted

REMINDER - To ask question of host and/or any speaker, attendees cannot use Chat (disabled); only Q&A function is on – “moderated chat”

Audio Settings ^



Chat



Raise Hand



Q&A



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□ CONVOCAATION - WRAP UP

**CLS Council wishes all CLS members a
REWARDING 2021-22 ACADEMIC EXPERIENCE
and a healthy year!**

A SHORT “COMMERCIAL” –

**THE FUEL THAT DRIVES THIS ORGANIZATION IS VOLUNTEERISM!
PLEASE CHECK OUT THE OPPORTUNITIES TO DO SO AND CONTRIBUTE.
IT IS FULFILLING AND HELPS FUEL THE FUEL.**

**LASTLY, ON BEHALF OF THE CLS COUNCIL –
THANKS TO ALL CLS VOLUNTEERS FOR YOUR EFFORTS
AND CONTRIBUTIONS. IT IS GREATLY APPRECIATED!**