

MARIST

Center for Lifetime Study



Spring 2020

Catalog of Courses and Trips

The following CLS volunteers were responsible for the Curriculum and Special Events programs:

Curriculum

Judy Rubenstein, Vice President of Curriculum

Arts & Literature

Audrey Walker (*Chair*)
 Wilma Schmidt (*Co-Chair*)
 Lydia Bauman
 Ellie Burch
 Sharon Clarke
 Mary Coiteux
 Mike Elkin
 Mike Foley
 Gordon Foster
 Muriel Horowitz
 Michelle Keeley
 Beth Kennedy
 Robert Lewis
 Barbara Mindel
 Sue Osterhoudt
 Marilyn Price
 Chris Starbala
 Sally Taylor
 Bob Vivona
 Ruth Wally

Social Science

Linda Lebensold (*Chair Sp '20*)
 Catherine Gregory (*Co-Chair*)
 Martin Charwat
 Herman Chertock
 Bernard Handel
 Jerry Hayes
 Walter Jablonski
 Dewey Lee
 Joe Lombardi
 Merrilee Osterhoudt (*Chair F '19*)
 Ange Rapa
 Barbara Sweet
 Cathy Temple
 Mary Louise Van Winkle

Life & Leisure Studies

John Gavin (*Chair*)
 John Marmillo (*Co-Chair*)
 Karen Blonder
 Helen Brandonisi
 Allen Fink
 Susan Fink
 Grete Finkelstein
 Dick Herodes
 Patricia Luczai
 Rita Minnerly
 Deborah Most
 Bob Nasser
 Virginia Nasser
 Esther Odescalchi
 Merrilee Osterhoudt
 Mariellen Pangia
 Candace Pisterzi
 Barry Rothfeld
 Judy Rubenstein
 Barbara Van Itallie

General Science

Iris Turkenkopf (*Co-Chair*)
 Len Turkenkopf (*Co-Chair*)
 Umar Ahmad
 Jill Auerbach
 Joe Bettencourt
 Warren Buhler
 Sheryl Dominguez
 Jack Fein
 Ann Mehaffey
 Leathem Mehaffey
 Arnold Most
 Bob Nasser
 Andrew Needelman
 Rolf Nijhuis
 Ed Popko
 Frank Rubin
 Stan Schmidt
 Robert Wagner
 Bill Walsh

Special Events

Mary Lou Davis (*Chair*) and Fall/Winter (*Chair*)

Barbara Marmillo Spring/Summer (*Chair*)

Spring/Summer

| | |
|----------------|-----------------|
| Ethel Armbrust | Judy Dym |
| Sondra Arteaga | Joan Kimmel |
| Helga Baker | Ingrid LaPolt |
| Jean Bartoes | Joe Lombardi |
| Sue Blodgett | Geraldine Popko |
| Jean Breyer | Bobbie Renfroe |
| Coleen Burns | Jim Temple |
| Jean Curlee | Mary Temple |
| Linda DeRosa | |

Fall/Winter

| | |
|----------------|------------------|
| Jean Bartoes | Leah Macfarland |
| Alice Cirielli | Barbara Marmillo |
| Gus Cirielli | Bob Nasser |
| Mary Coiteux | Virginia Nasser |
| Lee Corwin | Mariellen Pangia |
| Sandy Corwin | Joan Sears |
| Joan Doherty | Angela Stultz |
| Clare Graham | Beth Van Fleet |
| Judy Harkavy | Marilyn Worona |
| Peggy Kelland | |

~ CLASS MANAGERS NEEDED ~

You will note that some classes in this catalog are in need of a Class Manager. Please consider volunteering for a class that you intend to enroll in! Detailed instructions and guidance will be provided. Contact the CLS office at centerforlifetimestudy@marist.edu.

Thank You!

Spring 2020 Course Schedule

Monday Classes at the Henry A. Wallace Visitor and Educational Center/FDR Presidential Library and Museum

| Time | Course ID | Course Title | April | May |
|---------------|-----------|----------------------|----------|-----|
| 11:00 – 12:15 | SS1 | FDR's Final Campaign | 13 20 27 | 4 |

Tuesday Classes at Locust Grove

| Time | Course ID | Course Title | April | May |
|---------------|-----------|--|------------|------------|
| 9:15 – 10:30 | AL1 | Prodding Your Muse | 7 14 21 28 | 5 12 19 26 |
| 9:15 – 10:30 | LLS1 | The Science and Art of Gardening | 7 14 21 28 | 5 12 19 26 |
| 9:15 – 10:30 | LLS2 | Legacy of Vietnam | 7 14 21 28 | 5 12 |
| 9:15 – 10:30 | SS2 | World Events Through the Eyes of Photojournalism | 7 14 21 28 | 5 12 19 26 |
| 11:00 – 12:15 | AL2 | Bela Bartok | 7 14 21 28 | 5 12 19 26 |
| 11:00 – 12:15 | LLS3 | Potpourri | 7 14 21 28 | 5 12 19 26 |
| 11:00 – 12:15 | SS3 | Macroeconomics | | 5 12 19 26 |
| 11:00 – 12:15 | GS1 | Science Fiction: Jules Verne's From the Earth to the Moon | 7 14 21 28 | 5 12 |
| 1:15 – 2:30 | AL3 | Art History | 7 14 21 28 | 5 12 |
| 1:15 – 2:30 | LLS4 | History of the Temporal Power of Papacy | 7 14 21 28 | 5 12 |
| 1:15 – 2:30 | SS4 | George Patton and Douglas McArthur: Prima Donna Generals | 7 14 21 28 | |
| 1:15 – 2:30 | SS5 | The 2020 Presidential Election & American Politics | | 5 12 19 26 |
| 1:15 – 2:30 | LLS5 | Plant-Based at Any Age | 7 14 21 28 | |
| 2:45 – 4:00 | AL4 | Drawing and Painting | 7 14 21 28 | 5 12 |
| 2:45 – 4:00 | AL5 | Three American Women Poets: Elizabeth Bishop, Abbie Huston Evans and Mary Oliver | 7 14 21 28 | 5 12 19 26 |
| 2:45 – 4:00 | SS6 | Canada: Encore | 7 14 21 28 | |

Wednesday Classes at Locust Grove

| Time | Course ID | Course Title | April | May |
|---------------|-----------|---|------------|------------|
| 9:15 – 10:30 | AL6 | The American Musical: A Uniquely American Style | 8 15 22 29 | 6 13 20 27 |
| 9:15 – 10:30 | LLS6 | Contract Bridge for Beginners | 8 15 22 29 | |
| 9:15 – 10:30 | SS7 | Great Decisions | 8 15 22 29 | 6 13 20 27 |
| 9:15 – 10:30 | SS8 | Dutchess County Local History | 8 15 22 29 | 6 13 20 27 |
| 11:00 – 12:15 | AL7 | Journey Into the World of Music | 8 15 22 29 | 6 13 20 27 |
| 11:00 – 12:15 | AL8 | Writing Poetry | 8 15 22 29 | 6 13 20 27 |
| 11:00 – 12:15 | GS2 | Science Potpourri | 8 15 22 29 | 6 13 20 27 |
| 11:00 – 12:15 | AL9 | Short Stories | 8 15 22 29 | 6 13 |
| 1:15 – 2:30 | AL10 | Great Books: Immigrant Voices | 8 15 22 29 | 6 13 20 27 |
| 1:15 – 2:30 | LLS7 | A Day in the Life of Healthcare Professionals | 8 15 22 29 | 6 13 |
| 1:15 – 2:30 | LLS8 | Rediscovering Forgotten History by Understanding Lost Languages | 8 15 22 29 | 6 13 |
| 1:15 – 2:30 | GS3 | Modern Scientists and Innovators | 8 15 22 29 | 6 13 20 27 |
| 2:45 – 4:00 | AL11 | Warner Brothers Cartoons | 8 15 22 29 | 6 13 |
| 2:45 – 4:00 | LLS9 | Personal Computer & Windows 10 for the Novice User | 8 15 22 29 | |
| 2:45 – 4:00 | LLS10 | Beginner's Guide to Smart Phone Use -- Apps and Social Media | | 6 13 20 27 |
| 2:45 – 4:00 | LLS11 | Encouraging Flexibility: Moving from Head to Toe | 8 15 22 29 | 6 13 |

Spring 2020 Course List

Course ID: SS1

FDR's Final Campaign

Meeting Day/Time: Monday @ 11:00 a.m.
(4 weeks: April 13 – May 4)

Location: Henry A. Wallace Visitor and Educational Center
FDR Presidential Library and Museum

Description: 2020 is the 75th Anniversary of the end of World War II, Franklin Delano Roosevelt's last inauguration and his death on April 12, 1945. CLS will have the rare opportunity to be part of the kick-off of the Presidential Library's 75th Anniversary activities. This 4-week class will cover FDR's final campaign, his final days in the White House and his last days of life.

Note: Specific topics and presenters will be assigned by the FDR Library staff prior to the start of this course in April. Details will be made available as soon as provided.

Class Limit: 150 maximum

Class Manager: Merrilee Osterhoudt

Presenters: See Note Above

Course ID: LLS1

The Science and Art of Gardening

Meeting Day/Time: Tuesday @ 9:15 a.m.
(8 weeks)

Description: The science of gardening runs from biology and botany to geology and physiology. Horticulture is defined as the art or practice of garden cultivation and management. The focus of this series will be learning enough science to become a more successful and confident gardener and have fun doing it. Topics to be discussed (*one each week*): Composting and the Benefits of Organic Matter in Soil, Becoming a Garden Detective, Managing Pests and Diseases, Building a Bee-Friendly Backyard, Lawns: Past, Present and Future, Invasive Species and Ornamental Alternatives, Deer Defense: How to Co-exist with the Wildest of Wildlife, and Growing Orchids at Home (without killing too many)

Class Manager: Ginny Fidler

Presenter

Joyce deVries Tomaselli

Affiliation

CCEDC Community Horticulture
Resource Educator

Course ID: AL1

Prodding Your Muse

Meeting Day/Time: Tuesday @ 9:15 a.m.
(8 weeks)

Description: We have experienced lot of livin'! In big ways and small. Each has a memory attached to it. Some memories are indelible; some faintly remembered; others are hidden treasures that our weekly class exercises might inspire you to write about. This is a feel-good class in which we share our discoveries (unless you'd rather not), which often leads to sharing similarities of experiences. The particulars, however, are uniquely our own. What you discover to write of the past becomes meaningful to your present as you recollect. What you write might even be something you want to share with family or friends. It's a familiar truism that, "memories get embroidered over time." Your memories, own them!

Class Manager: Joan Quick

Presenter

Barbara Mindel

Affiliation

CLS Member/Writer

Course ID: LLS2

The Legacy of Vietnam

Meeting Day/Time: Tuesday @ 9:15 a.m.
(6 weeks)

Description: This course will be a retrospective of the Vietnam War's impact on the psychological, social, and political consciousness of America. We will critically review how the conflict changed the American psyche and examine theories on the political divide being rooted in the Vietnam era, how the conflict was executed and its impact on American foreign policy. Discussions will focus on both the myriad of individual experiences as well as the collective social phenomena.

Class Manager Needed!

Presenter

Tom Quinn

Affiliation

Dutchess County Deputy
Commissioner of Behavioral
and Community Health (*retired*)

Course ID: SS2**World Events Through the Eye of Photojournalism**

Meeting Day/Time: Tuesday @ 9:15 a.m.
(8 weeks)

Description: From prehistoric cave drawings, through the heyday of picture magazines, to the latest refinements of the internet, paintings, drawings, daguerreotypes, glass plates, film, motion picture, and digital imaging profoundly changed the public's perception of key events and social movements. Photojournalism has had a powerful and meaningful influence on world events. This course examines how photojournalism relates to global perception from the first war photography in Crimea, through the social upheavals of the 19th century, to a kaleidoscope of modern events affecting the lives of humanity.

Class Manager Needed!

Presenter
Gary Miller

Affiliation
LLI Member, Bard College

Course ID: AL2**Bela Bartok**

Meeting Day/Time: Tuesday @ 11:00 a.m.
(8 weeks)

Description: Bela Bartok was one of the greatest and most important musicians of the 20th century. He is now remembered mostly as a composer, but he was also a superb pianist and a pioneering ethno-musicologist who began collecting folk music recordings in 1907. We will hear how Bartok's music progressed through his career, also samples of his playing and the music he collected.

Class Manager: Audrey Walker

Presenter
Leslie Gerber

Affiliation
Parnassus Records

REGISTRATION REMINDER

Remember to register for courses in priority order!

**DO NOT REGISTER FOR TWO COURSES
THAT MEET AT THE SAME TIME.**

Press "SUBMIT" after you complete your course selections otherwise you will **NOT** be registered.

Each member **MUST** register separately!

Course ID: SS3**Macroeconomics**

Meeting Day/Time: Tuesday @ 11:00 a.m.
(4 weeks: May 5 – May 26)

Description: This course will present and discuss the basis of fundamental macroeconomic thought: history, policy application, and results. Subject matter covered will include Gross Domestic Production, Business Cycles, Growth, Recession, Stagnation, Classical and Keynesian Economics, Supply and Demand Side Economics, and Monetary and Fiscal Policy Intervention. We will discuss the Development of Modern Macroeconomics in the US, US Economic Periods of Growth and Recessions, the Necessary Landscape for Economic Growth, US Presidential Terms and Economics, plus Recent Financial Crises, Panics, and Unconventional Policy.

Class Manager Needed!

Presenter
Antonio G. Coppola

Affiliation
Associate Vice President
Wells Fargo Advisors

Course ID: GS1**Science Fiction: Jules Verne's, From the Earth to the Moon**

Meeting Day/Time: Tuesday @ 11:00 a.m.
(6 weeks)

Description: In his humorous *From the Earth to the Moon*, published in 1865, Jules Verne describes how a crew of three people launch themselves in a gun-fired projectile to the Moon. It's amazing to see how many similarities there are between Verne's ideas and the Apollo moon mission. While the science is dated, this adventure is still chockfull of enthusiastic suppositions about what might be on the moon. Gordon will present Verne's speculations and fantasies and Carl will present the scientific facts about the moon from Verne's era to our era. A copy of the novel is required for the sessions and class participation is encouraged.

Class Limit: 35 maximum

Class Manager Needed!

Presenters
Gordon Foster
Carl Naber

Affiliation
CLS Member
Marist Adjunct

Course ID: LLS 3**Potpourri**

Meeting Day/Time: Tuesday @ 11:00 a.m.
(8 weeks)

Class Manager: Judy Rubenstein

Description: A spicy medley featuring eight very different topics.

| Topics | Dates | Presenters and Affiliations |
|--|------------------------|--|
| Tidy Tidbits and Fun Factoids of History | April 7 th | Bob Ulrich, CLS Member |
| World War I Dog Stories | April 14 th | Ron Gabriele, Speaker on Historical Subjects |
| From Shtetl to Showtunes: How the Jews Influenced Contemporary American Music | April 21 st | Suzanne Turrise, Religious School Teacher |
| Conscious Living: Managing Stress from the Inside Out | April 28 th | Nancy Plumer, New Visions |
| The Shifting Climate of Funeral and Burial Options | May 5 th | JoAnna Scari, Perennial Life Services |
| The Diary of Anne Frank: How a Young Girl's Diary Became One of the Most Important Plays, Books and Movies of Our Time | May 12 th | Steve Press, CLS Member |
| The Importance of Photography for You, Me and Society | May 19 th | Joe Meehan, Photographer and Author |
| Vietnam: A Seabee's Different Experience | May 26 th | Craig Marshall, Town of Clinton Historian/Clinton Historical Society |

Course ID: AL3**Art History**

Meeting Day/Time: Tuesday @ 1:15 p.m.
(6 weeks)

Description: This slide lecture series will cover the art and innovations of the Italian Renaissance from the revolutionary character of the frescoes of Giotto, through the painting and sculpture of the many masters of the 15th and 16th centuries. From the 15th century we will cover Masaccio, Ghiberti, Piero Della Francesca, Mantegna, Botticelli, Verrocchio, and Donatello. From the 16th century we will cover Bellini, Giorgione, Da Vinci, Raphael, Michelangelo, Titian, Bronzino, Tintoretto, and Anguissola.

Class Manager: Eleanor Burch

Presenter
Marilyn Price

Affiliation
CLS Member

Course ID: LLS4**History of the Temporal Power of Papacy**

Meeting Day/Time: Tuesday @ 1:15 p.m.
(6 weeks)

Description: Before the League of Nations and United Nations, Papacy was the political power of the world. After the fall of the Roman Empire, the pope, heir of the mantle of leadership, filled the vacuum on the European scene. The papal government acted as arbiter of the rulers of the world and was the architect of the first supranational authority over what we would call today independent and sovereign states. This lecture examines the pope in his capacity of universal sovereign, who for centuries made and unmade the emperors and kings of Europe, and who divided the continents of the world among European powers. The lecture does not discuss religion or ecclesiastical history, but world politics and international relations.

Class Manager Needed!

Presenter
Esther Kando Odescalchi

Affiliation
CLS Member

Course ID: SS4**George Patton and Douglas McArthur: Prima Donna Generals****Meeting Day/Time:** Tuesday @ 1:15 p.m.*(4 weeks: April 7 – April 28)*

Description: Generals George S. Patton and Douglas MacArthur were the two most well-known generals of World War II. They were brave and bold. They were also prima donnas. They fought the way they wanted to fight and very often faced opposition from their superiors. This course will study these two icons amidst the greatest war in history.

Class Manager Needed!***Presenter***

Victor Salamone

Affiliation

Author

Course ID: LLS5**Plant-Based at Any Age****Meeting Day/Time:** Tuesday @ 1:15 p.m.*(4 weeks: April 7 – April 28)*

Description: A plant-based diet can help prevent and reverse diabetes, heart disease, and other chronic diseases. It's the future of healthcare – it's never too late to move towards a plant-strong lifestyle. We'll learn the health benefits of a plant-based diet, nutritional information most of us never learned growing up and why our Standard American Diet (SAD) has not served us well. We'll view clips from incredible documentaries, enjoy lively discussions, learn new ways of eating that are surprisingly sumptuous - with no cholesterol. We'll take home tools needed to maintain that plant powered knowledge we absorb from this course.

Class Manager Needed!***Presenter***

Sande Nosonowitz

Affiliation

Vegan Coach, Author and Educator

Course ID: SS5**The 2020 Presidential Election and American Politics****Meeting Day/Time:** Tuesday @ 1:15 p.m.*(4 weeks: May 5 – May 26)*

Description: This course will examine presidential elections in their historical context, look at the effect of media and polling on the Presidential primaries, ask what we can expect from the conventions and fall campaign, and speculate on the effect of the 2020 election on American politics.

| | |
|----------------------|---|
| May 5 th | Presidential Elections in Historical Perspective |
| May 12 th | Presidential Primaries: Media and Polling in the 2020 Campaign. |
| May 19 th | The Conventions and Fall Campaign: What Can We Expect? |
| May 26 th | The 2020 Election and American Politics: Where are we Headed? |

Class Manager: Martin Charwat***Presenters***

Dr. Martin Shaffer

Affiliation

Dean, Marist College School of Liberal Arts

Dr. Lee Miringoff

Director, Marist Institute for Public Opinion (MIPO)

Course ID: AL4**Drawing and Painting****Meeting Day/Time:** Tuesday @ 2:45 p.m.*(6 weeks)*

Description: Drawing and painting from observation are the mainstays of this course. Both beginners and more advanced students will be given individual instruction to help them develop their own artistic expression. Suggested materials: soft pastels, compressed charcoal, kneaded eraser and a drawing pad. The pad should be at least 11" x 17" or larger.

Class Manager: Chris Starbala***Presenter***

Marilyn Price

AffiliationCLS Member, Artist and Art Teacher (*Retired*)

Course ID: AL5**Three American Women Poets: Elizabeth Bishop, Abbie Huston Evans and Mary Oliver**

Meeting Day/Time: Tuesday @ 2:45 p.m.
(8 weeks)

Description: This eight-week course will introduce participants to the work of three 20th century American Poets: Elizabeth Bishop, Abbie Huston Evans and Mary Oliver. Sessions will emphasize close reading of a small number of selected poems. Consideration of prosody and poetic form (traditional and nontraditional) will be integrated with discussion of other aspects of poetry (e.g. subject, theme, imagery, metaphor, diction, syntax).

Class Manager: Miriam Rubin

Presenter

Judith Saunders

Affiliation

Professor of English
Marist College (*Retired*)

Course ID: AL6**The American Musical: A Uniquely American Style**

Meeting Day/Time: Wednesday @ 9:15 a.m.
(8 weeks)

Description: Leonard Bernstein said that the Broadway musical was the American music of the future. From its early beginnings in the extravaganza and vaudeville to recent hip hop and rock musicals, Broadway has sparkled with stories, stars, and memorable songs. We will listen to the music, watch scenes from shows through the decades and discover the magic of the musical.

Class Manager: Wilma Schmidt

Presenter

Nancy Theeman

Affiliation

Music Teacher and Performer

~ CLASS MANAGERS NEEDED ~

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Contact the CLS office at
centerforlifetimestudy@marist.edu

Thank You!

Course ID: SS6**Canada: Encore**

Meeting Day/Time: Tuesday @ 2:45 p.m.
(4 weeks: April 7 – April 28)

Description: Based on requests from CLS members who were unable to attend previous courses about our neighbor to the north, this course will be a recap, review, and update of the favorite topics covered in the earlier courses (*Tuques, Two-Fours, and Tourtières: Stuff You Don't Know About Canada, Eh?* in fall 2018 and *Canada, Part Deux* in fall 2019). This will include the shared colonial histories of Canada and the United States, the government and politics of Canada, interesting and important events in Canadian history and culture, and a revisit of Canadian cuisine.

Class Manager Needed!***Presenter***

Dr. Danny Szpiro

Affiliation

Dean Marist College
School of Professional Programs

Course ID: LLS6**Contract Bridge for Beginners**

Meeting Day/Time: Wednesday @ 9:15 a.m.
(4 weeks: April 7 – April 28)

Description: This course is designed for beginners and those with limited experience. The fundamentals of bridge will be presented in a clear and easy format. Emphasis will be on learning and understanding bridge as opposed to memorizing all the laws and rules of bridge. Playing bridge can be fun in a social environment. Each student will pursue their own personal objectives. Homework assignments will be optional for those interested in taking that extra step. Bridge is good for memory, concentration, judgment, teamwork, analytic skills and keeping your memory sharp. We will cover point counting, bidding, responding, when to take risks, signals, conventions, leads, strategies, sacrifices and many other techniques.

Class Manager Needed!***Presenter***

Allen Fink

Affiliation

CLS Member

Course ID: SS8**Dutchess County Local History**

Meeting Day/Time: Wednesday @ 9:15 a.m.
(8 weeks)

Description: Many of us are familiar with Dutchess County's rich history dating back as far as the early Dutch settlers. Few of us know about the historical significance of the smaller communities in our county. Local historians will share little known historical facts about Rhinebeck, and the towns of Hyde Park, Northeast, Clinton and Wappinger and Southern Dutchess. We will also learn about the history of the Bardavon Opera House from its director, the history of sports from the curator of the Dutchess County Sports Hall of Fame, and the Dutchess County clerk will tell us about his efforts to collect and preserve historical documents of our county.

Class Manager: Barbara Sweet

| Dates | Topics | Presenter and Affiliation |
|------------------------|---|---|
| April 8 th | Town of Amenia / Northeast | Elizabeth (Betsy) Strauss - Amenia Historical Society, Northeast Historical Society & Dutchess County Historical Boards |
| April 15 th | Town of Clinton | Craig Marshall, Clinton Town Historian |
| April 22 nd | Dutchess County Clerk Activities in Regard to County History | Brad Kendall, Dutchess County Clerk |
| April 29 th | The History of the Bardavon | Chris Silva, Bardavon Opera House |
| May 6 th | Town of Hyde Park | Shannon Butler, Hyde Park Town Historian and the Adriance Library History Dept. |
| May 13 th | Village and Town of Rhinebeck | Michael Frazier and Nancy Kelly Rhinebeck Historical Society |
| May 20 th | Town of Wappingers & So. Dutchess County | Joey Cavaccini, Town of Wappinger Historian Curator, Dutchess County Sport Hall of Fame |
| May 27 th | The History of Sports in Dutchess County & the Dutchess County Sport Hall of Fame | |

Course ID: SS7**Great Decisions**

Meeting Day/Time: Wednesday @ 9:15 a.m.
(8 weeks)

Description: This course will examine contemporary issues including: Climate Change, India and Pakistan, Red Sea Security, Modern Slavery and Human Trafficking, U.S. Relations with the Northern Triangle, China's Road into Latin America, the Philippines and the U.S., and Artificial Intelligence and Data. Class members are expected to purchase the Great Decisions 2020 book and be prepared to discuss these topics. Each session begins with a short video, followed by background information and discussion.

Class Manager: Martin Charwat

Presenters

Joseph Lombardi
Martin Charwat

Affiliation

CLS Member
CLS Member

Course ID: GS2**Science Potpourri**

Meeting Day/Time: Wednesday @ 11:00 a.m.
(8 weeks)

Description: Eight separate lectures on a wide variety of scientific topics.

Class Managers: Iris Turkenkopf and Len Turkenkopf

| Date | Topics | Presenters and Affiliations |
|------------------------|--|---|
| April 8 th | Buckminster Fuller | Ed Popko, CLS Member |
| April 15 th | Digitalization of Local Archives | William Tatum, III Dutchess County Historian |
| April 22 nd | Artificial Intelligence | Noel Cordella, IBM |
| April 29 th | History of Computing in the Hudson Valley | Louis Guadagno IBM (<i>Retired</i>) |
| May 6 th | Cricket Valley Energy Center | Mike Stagliola, Director of Operations |
| May 13 th | Forensics | Mike Hendryk Corey Kilfoyle Detectives, Town of Poughkeepsie Police |
| May 20 th | Wappingers Falls Hydroelectric Power Plant | Sara Bower, Owner |
| May 27 th | Drones | Ed Popko, CLS Member |

Course ID: AL7**Journey Into the World of Music**

Meeting Day/Time: Wednesday @ 11:00 a.m.
(8 weeks)

Description: We will be privy to the wealth and diversity of the Arts in our region. This course encompasses an eclectic group of some of our area's finest musicians, conductors, and music faculty members. They will share their journey in the world of classical and contemporary music. We welcome the conductors of the three major orchestras in the Valley, plus West Point Military Academy, Bard College, and Stringendo (School for Strings).

| <i>Date</i> | <i>Presenters and Affiliations</i> |
|------------------------|---|
| April 8 th | Kathleen Beckman, Conductor Northern Dutchess Orchestra |
| April 15 th | Randy Fleisher, Conductor Hudson Valley Philharmonic |
| April 22 | Jonathan Crane West Point |
| April 29 th | Russell Ger, Conductor Greater Newburgh Symphony Orchestra |
| May 6 th | Jonathan Handman, Conductor Stringendo |
| May 13 th | James Bagwell, Professor Bard College |
| May 27 th | Christopher Brellochs Dutchess Community College |
| May 20 th | A video presentation of Leonard Bernstein |

Class Manager: Ruth Wally

Course ID: AL9**Short Stories**

Meeting Day/Time: Wednesday @ 11:00 a.m.
(6 weeks)

Description: We will read and discuss six short stories from the anthology collected by John Updike and Katrina Kenison, entitled, "The Best American Short Stories of the Century". For the first class, we will read Sherwood Anderson's, "The Other Woman". Participants are asked to be prepared for discussion by reading this story in advance of the first session. The book should be available in the Hudson Valley Library System and is also available through Amazon.

Class Limit: 25

Class Manager: Wilma Schmidt

Presenter
Judith Elkin

Affiliation:
CLS Member

Course ID: AL8**Writing Poetry**

Meeting Day/Time: Wednesday @ 11:00 a.m.
(8 weeks)

Description: This course is for people who have not written poetry before and would like to learn how. Despite what you may have learned in school, POETRY HAS NO RULES. It does have concepts and techniques, which enable your poems to elicit experiences and feelings that cannot be captured in prose. Concepts of craft that will be studied include: Images, Simile and Metaphor, Line length, Scansion and Rhythm, Form, Syntax, and Grammar. Each class will include an assignment to write a poem for the next class, emphasizing the concepts studied to date. You will not be required to share your poems, but you will learn more if you do so.

Class Limit: 15

Class Manager: Alycia Vivona

Presenter
Robert Vivona

Affiliation
CLS Member

Course ID: AL10**Great Books: Immigrant Voices**

Meeting Day/Time: Wednesday @ 1:15 p.m.
(8 weeks)

Description: Join us as we discuss the experiences, concerns, and aspirations of recent immigrants as reflected in the short stories they have written. All are 21st century tales, and the authors come from many different countries and traditions. Our text will be "Immigrant Voices" published by the Great Books Foundation. Order online at greatbooks.org.

Class Limit: 15

Class Managers: Lydia Bauman
Sharon Steinvurzel

Presenters
Lydia Bauman
Sharon Steinvurzel

Affiliation
CLS Member
CLS Member

Course ID: GS3**Modern Scientists and Innovators (c. 1900-2010)**

Meeting Day/Time: Wednesday @ 1:15 p.m.
(8 weeks)

Description: We will continue our ascent into the modern era emphasizing ideas and inventions in physics, engineering and information technology. Our focus will be on industrial visionaries and contributions of eminent scientists and inventors of their day, such as Curie, Planck, Bohr, Rutherford, Gates and Jobs. Particular attention will be given to atomic/quantum physics and computers. Your CLS presenter will share this course with notable Teaching Company video professors.

Class Manager: Leathem Mehaffey

Presenter
Stan Schmidt

Affiliation
CLS Member

Course ID: LLS7**A Day in the Life of Healthcare Professionals**

Meeting Day/Time: Wednesday @ 1:15 p.m.
(6 weeks)

Description: Professionals in various healthcare disciplines will give a rare and intimate look into their daily routines, preparations, and challenges as they go about caring for their patients.

Class Manager: Merrilee Osterhoudt

| Presenters | Affiliations |
|---------------------|--|
| Dr. William Begg | Emergency Medicine Danbury Hospital |
| Dr. John Choi | Colorectal Surgeon HealthQuest |
| Dr. Brenda Ayers | Internal Medicine HealthQuest |
| Dr. Hida Nierenberg | Neurologist HealthQuest |
| TBD | Cardiothoracic Surgeon and Cardiologist |
| Roufia Payman | Northern Dutchess Hospital |

Course ID: LLS8**Rediscovering Forgotten History by Understanding Lost Languages**

Meeting Day/Time: Wednesday @ 1:15 p.m.
(6 weeks)

Description: History can be utterly lost and then found. Egyptian writing was lost for 1500 years, Mesopotamian writing for 2000 years, and Archaic Greece for 3000 years. Knowledge of these cultures was known only from Greek and Roman historians. This course will discuss why these languages were lost and the single minded maniacs who solved these problems. We will detail the process by which they deciphered the unknown writing systems and what we learned from their work. Their personal stories are dramatic and their accomplishments intellectually interesting. The material is not as difficult as it sounds. It should be fun! Lectures will be supplemented by selected videos.

Class Manager Needed!

Presenter
John Gavin

Affiliation
CLS Member

Course ID: LLS9**Personal Computer: Windows 10 for the Novice User**

Meeting Day/Time: Wednesday @ 2:45 p.m.
(4 weeks: April 8 – April 29)

Description: Today's computers are sophisticated and complex and often require sophisticated knowledge to operate them. Most are not properly maintained and are insecure as well. This course includes an overview of the PC, software, the Internet, and email, as well as operations, security, and maintenance. ~ *Lecture only*

Class Manager: Barbara Sweet

Presenter
Herb Sweet

Affiliation
CLS Member

Course ID: AL11
Warner Brothers Cartoons

Meeting Day/Time: Wednesday @ 2:45 p.m.
 (6 weeks)

Description: Really not kid stuff. This class is about the Warner Brothers cartoon studio from its beginning in the 1930s through the 1940s. Areas to be covered include early cartoons, the wartime era, the main directors and producers, the music that introduced many of us to classical music, animated characters, and voice characterizations – not just Mel Blanc. Cartoons that may be objectionable to many for their content, stereotypes and violence will be featured.

Class Manager Needed!

Presenter
 Michelle Keeley

Affiliation
 CLS Member

Course ID: LLS11
Encouraging Flexibility: Moving From Head to Toe

Meeting Day/Time: Wednesday @ 2:45 p.m.
 (6 weeks)

Description: Melt into movement and flow with the ease and grace of water. In this course, combining gentle, easy to do movements with breathing and mental focus, we will oil the joints, stretch, encourage blood circulation, and calm the mind (often a contributor to tension). Drawn from qigong, simple elements of tai chi, mindfulness, and observations of Nature, these resilience-building practices are easy, comfortable, fun, and adaptable to all levels of ability.

Class Manager Needed!

Presenter
 Kele Baker

Affiliation
 CLS Member and
 Mind-Body-Movement Coach

Course ID: LLS10
Beginner's Guide to Smart Phone Use -- Apps and Social Media

Meeting Day/Time: Wednesday @ 2:45 p.m.
 (4 weeks: May 6 – May 27)

Description: This course is designed for anyone interested in optimizing their use of a Smart Phone in a safe, secure and fun manner. The course will cover the basics of phone security, how to productively use various apps, and how to navigate the confusing world of social media. The instructor will highlight and demonstrate several useful apps that include: travel, photography, fitness and wellbeing, investments, sports, news, weather, beer and wine, and email access. Other topics will include how to safely navigate the many social media apps, including Facebook, WhatsApp, Instagram, LinkedIn and others as time permits. Content applicable to both Android and Apple phones.

Class Manager: Barbara Sweet

Presenter
 John Wargo

Affiliation
 CLS Member

ONLINE REGISTRATION DEADLINE
FEBRUARY 28th
 (Registration Portal Closes @ 5PM)

PAPER REGISTRATION DEADLINE
FEBRUARY 21ST

Your CLS ID # is located
on the reverse side of your nametag
and on the front cover of this catalog.

Don't forget to bring your nametag with you
to class and to all CLS events and trips!

Register for Spring 2020 courses online at:

www.marist.edu/professional-programs/center-lifetime-study/course-registration

or use the enclosed registration form to register by mail.

We will NOT accept phone registrations!

SPRING 2020 TRIPS

ALL DIRECTIONS AND MORE DETAILS WILL FOLLOW WITH CONFIRMATION

REGISTRATION AND CHECK(S) MUST BE RECEIVED BY FRIDAY, FEBRUARY 21, 2020.
YOU WILL RECEIVE A (HARD COPY) CONFIRMATION/WAIT LIST LETTER IN THE MAIL FOR THE TRIPS YOU HAVE REQUESTED.

Registration for trips must be made by mail only. NO registration will be accepted unless accompanied with payment(s) of required fee(s). If you select more than one trip, a separate check is required for each event (couples may send a single check for *each* event). If payment is not included with your registration form OR if you send one check for all requested trips, the CLS office will void and return your registration form. The CLS office will not follow-up to request payment(s).

It is the member's responsibility to meet the bus at the appointed time and location. No refunds will be made for missed buses or cancellations for trips with NO waitlist under any circumstances. A confirmation/waitlist letter will be mailed to you. Please bring your confirmation letter with you on the day of the trip. This letter will include the trip coordinator's contact information. Please ***DO NOT*** show-up for any Trip (local or bus trip) for which you have not received a call confirming your participation.

TRIP 1 ~ LUNCH AT THE CULINARY INSTITUTE OF AMERICA ROUTE 9, HYDE PARK, NY THURSDAY, APRIL 2, 2020 @ 11:30 A.M.

Why not celebrate the opening week of the CLS Spring semester by joining us for a delicious three-course lunch in the CIA's American Bounty Restaurant? This trip does not include a tour. The fixed menu will include an appetizer: Beef Steak Tomato Salad; the entrée: Sautéed Chicken Breast with Roast Potato Gratin and Spinach with Lemon Butter Sauce; and dessert: Warm Molten Chocolate Cake with Vanilla Ice Cream. Coffee, Tea/Iced Tea are also included. Every effort will be made to accommodate special dietary restrictions and those restriction requests should be made in advance to one of the coordinators by Friday, March 20, 2020. Same day substitutions will incur a \$10.00 per course surcharge.

After lunch enjoy browsing in the Gift Shop and the Apple Pie Café that offers many freshly baked items for purchase.

MAX: 30 Members

Cost: \$44

Coordinators: Joe Lombardi and Jean Breyer

TRIP 2 ~ THE WADSWORTH ATHENEUM MUSEUM OF ART (BUS TRIP) HARTFORD, CT FRIDAY, APRIL 24, 2020

Poughkeepsie Pickup: 8:30 a.m. | Fishkill Pickup: 9:00 a.m.

Any day at the Wadsworth is a pleasure – surely made more memorable on the day of our visit because it coincides with the 39th Annual Fine Art & Flower Show scheduled for April 24-26, 2020. New England florists, garden clubs and interior designers will be creating floral arrangements and garden designs to be displayed throughout the Museum Galleries beside the artworks that inspired them. The Museum is home to approximately 50,000 works of art spanning 5,000 years including drawings, paintings, sculptures, decorative arts and collections donated by the estates of firearms magnate, Samuel Colt, and financier, John Pierpont Morgan. Our tour is self-guided as no docents are provided during this special event weekend. For your dining pleasure lunch is available at the Museum Bistro or any one of several nearby restaurants. Departure time will be at 3:30 p.m.

Bus Pickup: Poughkeepsie: 8:30 a.m. at the Price Chopper parking lot in the Hudson Plaza by the former TD Bank
 Fishkill: 9:00 a.m. at the former Dutchess Mall near McDonald's

MAX: 44 Members

COST: \$41

Coordinators: Jim and Mary Temple

**TRIP 3 ~ THE GLYNWOOD CENTER
COLD SPRING, NY
SATURDAY, MAY 2, 2020 – 11:00 A.M. – 12:30 P.M.**

Glynwood is a non-profit regional food and farming organization serving food and farming changemakers from New York's Hudson Valley and beyond. Their mission is to ensure the Hudson Valley is defined by food where farming thrives, farmers prosper, food entrepreneurs succeed, residents are nourished and visitors are inspired. In 1929, the financier George Perkins and his family purchased land that became Glynwood Farm. In 1933, the family preserved the property and made it a center dedicated to conservation and community stewardship with 1,700 acres of forested uplands becoming part of Fahnestock State Park and 225 acres remaining as the Glynwood Center. The Perkins family also created an endowment to help maintain the facilities which today include a convening center, administrative offices, a boat house, lake, barns and accommodations for retreats and events, all situated on a teaching farm for apprentices in-residence.

Our tour of the Center will include visits to the gardens, home and barns where newborn animals are housed each spring. The walking is on uneven terrain and the barn is located ½ mile from the ample parking lot. After the tour enjoy lunch on your own at any one of the many restaurants available in Cold Spring. The proceeds will be donated to the Glynwood Center.

MAX: 24 Members

COST: \$5

Coordinators: Jean Curlee and Mary Lou Davis

**TRIP 4 ~ BIG ONION WALKING TOUR OF REVOLUTIONARY NEW YORK (BUS TRIP)
NEW YORK CITY
THURSDAY, MAY 7, 2020 Poughkeepsie Pickup: 7:45 a.m. | Fishkill Pickup: 8:15 a.m.**

Together let's unpeel yet another layer of the "Big Onion". This 2 hour, 1 to 2 mile guided walk at a moderate pace will focus on the role NYC played in the American Revolution and the founding of America. It will slowly reveal the history of the Patriot/Loyalist conflict within New York as the nation was beginning to develop. Highlights will include the site where the Declaration of Independence was first read to a New York audience; the graves of Revolutionary War General, Richard Montgomery and the first Secretary of the Treasury, Alexander Hamilton; the site of President George Washington's Inaugural Address; Fraunces Tavern and the target of the Stamp Act mob in Bowling Green. There will be ample time after the tour to explore the surrounding neighborhood near City Hall Park and to have lunch on your own. We will depart NY City at 3:30 p.m.

Bus Pickup: Poughkeepsie 7:45 a.m. at the Price Chopper parking lot in the Hudson Plaza by the former TD Bank
Fishkill: 8:15 a.m. at the former Dutchess Mall near McDonald's

MAX: 44 members

COST: \$53

Coordinators: Judy Dym and Ingrid La Polt

**TRIP 5 ~ FREEDOM PLAINS UNITED PRESBYTERIAN CHURCH
LAGRANGEVILLE, NY
THURSDAY, MAY 21, 2020 @ 11:00 A.M. – 12:30 P.M.**

To meet changing times and financial challenges the Freedom Plains United Presbyterian Church has opened its doors to become an Ecumenical and Community Center where diverse faith communities worship and community activities are welcome. In the words of its pastor, Rev. Paul Lent: "Our religious institutions are in the midst of change and adaptation or they are likely in the midst of rapid decline. Our facility nurtures spiritual communities from the Jewish, Presbyterian and Spanish Pentecostal traditions. We also nurture in our space: recovery programs, civic organizations, the Scouts, Waterman Bird Club, and Clock enthusiasts to name a few. In a world where people belong to less and less religious organizations we understand that belonging is a powerful almost countercultural identity in our society." Join us to hear Rev. Paul Lent and Rabbi Daniel Polish discuss these thought provoking issues within the walls of their shared space. Proceeds will be donated to the Freedom Plains Presbyterian Church.

MAX: 40 Members

COST: \$10

Coordinators: Jean Bartoes and Jean Curlee

TRIP 6 ~ 1658 STOCKADE NATIONAL HISTORICAL DISTRICT OF KINGSTON
FRIDAY, MAY 22, 2020 @ 11:00 A.M.

Enjoy a guided walking tour of the largest intact early Dutch settlement in New York State and the neighborhood where New York State was born in 1777. View a treasury of centuries-old architecture as you walk the heart of the original stockade village of Kingston whose street plan was designed by Provincial-Governor Peter Stuyvesant in 1658. View a large cluster of native limestone houses built by descendants of the early settlers. View the courthouse site where the New York State Constitution was drafted and where Sojourner Truth sued for and won her son's freedom from slavery, and the gravesite of George Clinton, New York's first elected governor in the Old Dutch Church burying ground.

The tour will start at the Friends of Historic Kingston Gallery on the corner of Wall and Main Streets in Uptown Kingston. Lunch will be on your own. A list of many excellent restaurants in the area will be provided. Please be aware that this will be a walking tour on city sidewalks and will last about 1 ½ hours. Parking can be a challenge and you may have to walk from one of the city lots.

MAX: 20 Members

COST: \$10

Coordinators: Geraldine Popko and Helga Baker

TRIP 7 ~ NEW YORK BOTANICAL GARDEN, BRONX, NY (BUS TRIP)

EXHIBITION: KUSAMA: COSMIC NATURE

TUESDAY, JUNE 9, 2020

Poughkeepsie: 7:30 a.m. | Fishkill: 8:00 a.m.

As Mr. Rogers would say, "It's a beautiful day in the neighborhood" and certainly this is true of any day at the NYBG. We are fortunate once again to visit this location for a new and exciting exhibition that is expected to be sold out before its opening. *Kusama: Cosmic Nature* is a multisensory presentation of internationally celebrated Japanese artist Yayoi Kusama's connection with nature. The exhibition is designed to capture and illuminate her profound engagement with nature throughout the changing seasons from spring through fall. Throughout the Garden there will be multiple installations including her signature mirrored environments and organic forms, polka-dotted sculptures of colossal flora, mesmerizing nature-based paintings, biomorphic collages, works on paper, botanical sketches, as well as a spectacular horticultural showcase in the Enid A. Haupt Conservatory. The exhibition will also present brand new works created by Yayoi Kusama specifically for NYBG including a monumental site-specific pumpkin sculpture and her first-ever participatory greenhouse installation that will be transformed over the course of the exhibition from May through November.

You will spend the day visiting these special exhibits on your own and at your own leisurely pace. The entire property is also accessible to you via the narrated Tram tour. Lunch is on your own and available at two Garden cafes. There will be time to browse in the lovely gift shop before our departure at 4:00 p.m.

Bus Pickup: Poughkeepsie: 7:30 a.m. at the Price Chopper parking lot in the Hudson Plaza by the former TD Bank
 Fishkill: 8:00 a.m. at the former Dutchess Mall near McDonald's

MAX: 44 Members

COST: \$64

Coordinators: Sandy Arteaga and Barbara Marmillo

Reminders for Trip Registration

Please select your Spring 2020 Trips in *PRIORITY ORDER!*

Complete the enclosed Spring 2020 Trip Registration Form

Couples can use one form – note BOTH names on the form

Mail form with required payment(s) - a separate check for each trip

Mail form and payment(s) BEFORE the February 21ST due date!

Parking At Locust Grove

We all understand that parking can be a challenge at times at Locust Grove. We ask your cooperation in parking safely and responsibly. Please be particularly considerate of our handicapped members. Members whose vehicles are considered by LG to be parked incorrectly or unsafely will be asked to move their cars. Please carpool whenever possible and follow the parking directives outlined below.

Registration: CLS members are required to complete the following information on the class registration form: License plate numbers of 1-2 cars that will be parked at LG during classes and NYS Handicap permit number, if one is held.

Handicap Parking and Drop-off: Parking slots are designated for cars which display a NYS handicap parking tag in the first three parking spots in every row. This includes slots marked for handicap parking by Locust Grove as well as slots that are not marked for handicap parking. There may also be a few handicapped spots directly in front of the Visitors' Center. *Members who do not currently have a NYS Handicap parking permit and feel that they need parking close to the building due to a physical disability should contact their physician's office to learn how to obtain a temporary or permanent NYS Handicap parking permit.* Drop-offs at the front door of the visitor center are encouraged for members with physical disabilities who are carpooling. Do not obstruct traffic when dropping someone off.

There is NO Parking as follows:

- On the lawn when LG has set up cones prohibiting parking.
- On the grassy areas near the visitor center.
- Anywhere marked "No Parking" by LG.
- In the driveways between lots.
- Behind visitors' center in front of green fence.
- When taking up two parking spaces!

When parking on the lawn: Do not park in the lane between cones designated for exiting. Park close enough to your neighbor to allow ONE car door to open safely. Access the lawn from the lot, not from the circle. Leave via the exit lane. Park on the circle with headlights facing the circle, bumper close to the edge. Don't let your bumper stick out on to the circle driveway. When all spaces along the road and the circle are filled, park directly behind cars that are parked facing the circle.

Additional parking at Marriott Courtyard south of Locust Grove. Use parking spots along the entrance road or in the far back, not next to the building. If you have a 2:45 class, use spaces toward the back. Walk to the fence near the back corner of the financial building to enter Locust Grove. Please consider parking there if walking is not an issue for you. There is no parking in the financial center lot.

CLS COMMITTEE PARTICIPATION

| | | |
|------------------------|--------------------|--------------------|
| Name: | | CLS ID#: |
| E-Mail Address: | Home Phone: | Cell Phone: |

Member participation and involvement is needed to insure the vitality of CLS! Member volunteers are needed for planning, facilitation and the day-to-day operations of the organization. You can sign-up to volunteer for one or two committees by: **1)** entering your preference(s) in the **Committee Sign-Up** section within the online course registration form; **2)** by contacting the CLS office by e-mail or phone, or; **3)** by completing and returning this page to the CLS office.

CLS COMMITTEES

- ☐ **Administration** – This committee promotes the effective and efficient operation of the organization. This includes Office Support and PhoneMail committees, volunteer coordination and planning of Convocation and Annual Meeting.
- ☐ **Classroom Support (Audio/Visual)** - Committee members assess audio/visual equipment needs, obtain equipment as required, and insure that all CLS classes have the necessary audio/visual equipment installed and operational at the start of each class.
- ☐ **Communications** – This committee provides support to the VP of Public Information with the CLS Chronicle and maintains the CLS Facebook page.
- ☐ **Connections** – This committee provides CLS members with the opportunity for meaningful volunteer community service. Members tutor in local schools and support the outreach program at the Fountains in Millbrook, and participate in joint projects with Marist College faculty and students.
- ☐ **Curriculum** – These committees are responsible for the coordination and planning of courses for the Spring and Fall semesters as well as the January mini-session. Members may function as class managers or co-managers for existing classes, suggest and organize new classes and arrange for presenters.

~*Circle* one or more curriculum committees that you are interested in joining below~

Arts & Literature

Social Science

General Science

Life & Leisure Studies

- ☐ **Member Services** – This committee provides coffee and arranges donated cookies and snacks between CLS classes and assists at CLS social functions.
- ☐ **Membership** – The committee maintains the CLS membership waiting list, welcomes and orients new members, provides reception services and assists in the distribution of CLS materials at Locust Grove.
- ☐ **Special Events** – This committee arranges and participates in activities that enhance peer interaction. Members plan and manage special events such as trips and tours, and social activities such as the Holiday Tea and Annual Picnic.

MAIL THIS FORM TO: Marist College CLS
3399 North Road – Donnelly 109A
Poughkeepsie, NY 12601-1387

GENERAL INFORMATION

Center for Lifetime Study

The **purpose** of the Marist College Center for Lifetime Study (CLS) is to provide opportunities for learning and fellowship for men and women 55 and older. CLS is a volunteer membership-run organization with a relaxed classroom atmosphere and no exams or grades. CLS operates under the auspices of the Marist College School of Global and Professional Programs and is supported primarily by membership dues.

The **objectives** of CLS are: (1) to offer non-credit courses designed and developed by and for CLS members covering topics reflecting a variety of interests; (2) to encourage members to volunteer as committee members, course planners, coordinators and facilitators, according to their skills and interest; and (3) to provide a program of special events and other activities to enhance peer interaction.

Course Locations: Most courses are held at Locust Grove, the Samuel Morse Historic Site located at 2683 South Road in the Town of Poughkeepsie. The location of the classroom for each course will be posted at Locust Grove.

Directions to Locust Grove: From Route 9 (South Road) heading north, make a left turn at Beechwood Avenue (Ulster Savings Bank on right) which is entrance to Locust Grove. From Route 9 (South Road) heading south, make a right hand turn after having just passed the Holiday Inn Express on left. Take a right turn at next light which is entrance to Locust Grove. Please be aware that there is **NO TURN ON RED** when exiting the gate.

Parking at Locust Grove: Ample parking is provided adjacent to the Visitors Center building. Please follow the directions of parking attendants at Locust Grove. A limited number of handicapped spaces are available, however, the Visitors Center building and all parking spaces are on level terrain and easily accessible. Please be aware that you must display a valid New York State handicapped tag to park in a designated handicapped parking space. Please refer to CLS parking procedures for guidelines for handicap parking. Also, please note that there is no turn on red when exiting the main gate.

Do not call Locust Grove directly for anything relating to CLS activities.
ALL Locust Grove communication must be made through the CLS Office.

Marist College CLS
3399 North Road – Donnelly 109A
(845) 575-3902

www.marist.edu/professional-programs/center-lifetime-study/announcements

The Center for Lifetime Study is supported by a grant from the Rose Sherman Fund.

The Center for Lifetime Study is a member of Road Scholar Institute Network.

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