

MARIST

Center for Lifetime Study

Spring 2021 Course Catalog



The following CLS volunteers are responsible for the Spring 2021 curricular programming
Leonard Turkenkopf, Vice President for Curriculum

Arts & Literature (AL)

Audrey Walker (<i>Chair</i>)	Wilma Schmidt (<i>Co-Chair</i>)
Lydia Bauman	Beth Kennedy
Ellie Burch	Robert Lewis
Mary Coiteux	Barbara Mindel
Mike Elkin	Sue Osterhoudt
Mike Foley	Chris Starbala
Gordon Foster	Sally Taylor
Muriel Horowitz	Bob Vivona
Michelle Keeley	Ruth Wally

Life & Leisure Studies (LLS)

John Gavin (<i>Chair</i>)	Virginia Nasser
Karen Blonder	Esther Odescalchi
Helen Brandonisi	Merrilee Osterhoudt
Grete Finkelstein	Mariellen Pangia
Dick Herodes	Candace Pisterzi
Patricia Luczai	Barry Rothfeld
Rita Minnerly	Judy Rubenstein
Deborah Most	Barbara Van Itallie
Bob Nasser	

General Science (GS)

Stan Schmidt (<i>Chair</i>)	Warren Buhler (<i>Co-Chair</i>)
Umar Ahmad	Andrew Needelman
Jill Auerbach	Rolf Nijhuis
Joe Bettencourt	Ed Popko
Sheryl Dominguez	Frank Rubin
Jack Fein	David Smith
Ann Mehaffey	Iris Turkenkopf
Leathem Mehaffey	Len Turkenkopf
Arnold Most	Robert Wagner
Bob Nasser	Bill Walsh

Social Science (SS)

Linda Lebensold (<i>Chair</i>)	Merrilee Osterhoudt (<i>Co-Chair</i>)
Martin Charwat	Dewey Lee
Herman Chertock	Joe Lombardi
Bernard Handel	Barbara Sweet
Jerry Hayes	Cathy Temple



Consider being a volunteer!

The success of CLS depends on the involvement of its members. CLS is very fortunate to have dedicated members who devote their time and energy to make the organization strong, viable, vibrant, friendly, and interesting. It is only through our volunteers that we can offer such diverse and exciting courses, provide multiple opportunities to socialize and get to know one another, as well as provide volunteer services to the community.

You may volunteer for any committee or activity at any time by contacting the committee chairpersons or officers. You can also sign-up to volunteer during the online registration process. Please consider taking an active role in the CLS organization.



Spring 2021 Course List & Schedule

Monday Class Schedule

Time	Course ID & Title		April				May		
1:15 PM	AL-1: Opera as Politics	5	12	19	26	3	10	17	24

Tuesday Classes

Time	Class ID & Title		April				May		
9:15 AM	SS-1: Strong Women, Strong Stories, Strong Storytelling	6	13	20	27	4	11	18	25
9:15 AM	LLS-1: If It Is Tuesday.....	6	13	20	27	4	11		
1:15 PM	SS-2: New York City, Part II	6	13	20	27	4	11	18	25
2:45 PM	AL-2: American Musical	6	13	20	27	4	11	18	25

Wednesday Classes

Time	Title		April				May		
9:15 AM	LLS-2: Potpourri	7	14	21	28	5	12	19	26
11:00 AM	SS-3: Great Decisions	7	14	21	28	5	12	19	26
1:15 PM	GS-1: History of Mathematics	7	14	21	28	5	12	19	26
1:15 PM	LLS-3: COVID-19 at Vassar Hospital	7	14	21	28				
1:15 PM	AL-3: Prodding the Muse	7	14	21	28	5	12	19	26
2:45 PM	SS-4: 2020 Election Postscript	7	14	21	28				

Thursday Classes

Time	Title		April				May		
9:15 AM	SS-5: The Greats of America's Game	8	15	22	29	6	13	20	27
11:00 AM	GS-2: Science Potpourri	8	15	22	29	6			
11:00 AM	GS-3: Climate Changes					6	13	20	27
1:15 PM	GS-4: Codes and Ciphers Part 1	8	15	22	29	6	13	20	27
1:15 PM	AL-4: Great Books	8	15	22	29	6	13	20	27



Spring 2021 Important Dates & General Information



Mon. January 25	Online registration begins at 8:00 AM ♦ Select up to 6 classes in order of priority ♦ Do not select classes that meet at the same time ♦ See page 10 for registration process details
Fri. February 26	Registration for spring 2021 classes ends at 5:00 PM ♦ Late, email or phone registrations will NOT be accepted
Fri. March 12	Spring 2021 Class Confirmation emails will be sent
Wed. March 24	Class-specific Zoom information will be sent by email ♦ Remember to save these emails!!
Fri. April 2	Zoom information will be emailed for SE-1: What Are the Limits of Free Speech?
Mon. April 5	Spring 2021 classes start
Mon. April 12	Special Event: What Are the Limits of Free Speech? 11:00 AM – Moderated by Dewey Lee (registration required)
Mon. April 19	Special Event: History of Wappingers 11:00 AM – Presented by Joey Cavaccini, Town of Wappinger Historian ♦ Zoom information will be sent for this event on March 12
Thur. May 27	Last day of Spring 2021 classes

Special Events

SE-1: What Are the Limits of Free Speech? A moderated panel discussion (1 Session only)

Time: 11:00 a.m. – 12:30 p.m.

Day and Date: Monday, April 12 (*one meeting date only*)

Coordinator and moderator: Dewey Lee

Description: In this moderated discussion, we'll explore the appropriate lines which should not be crossed. Rather than looking at the legality and constitutionality of those limits, we'll talk about the morality, justice and wisdom of those limits. You may have heard of speech codes in schools and at work, microaggression, hate speech and the "cancel culture." Our speakers will bring differing views to the table with an opportunity for class members to ask their own questions.

Panelists & Affiliation:

Mike Gonzalez, Senior Fellow, The Heritage Foundation

Rachel Pereira, Legal Affairs Advisor & Director of Equal Opportunity/Title IX Coordinator, Vassar College

SE-2: History of Wappinger (1 Session only)

Time: 11:00 a.m. – 12:15 p.m.

Day and Date: Monday, April 19 (*one meeting date only*)

Description: Join us for a talk on the history of the town of Wappinger, NY. our speaker, Joey Cavaccini is the town's historian. This past fall, when he gave his talk, parts of the audio were not heard so he has offered to repeat it. He will share many facts and stories about the town as well as pictures of many historic buildings. He also has a large collection of maps of the many hamlets in Wappinger.

Presenter & Affiliation: Joey Cavaccini, Town of Wappinger Historian and Curator of the Dutchess County Sport Hall of Fame

Class Manager: Barbara Sweet

Class Offerings

AL-1: Opera as Politics

(8 weeks)

Time: 1:15 p.m.

Day and Dates: Mondays - April 5, 12, 19 & 26 and May 3, 10, 17 & 24

Description: This course continues our exploration of governmental, sexual, economic, and religious politics, and how political ideas were expressed in opera. A close study of important operas, with a focus on some of the major works of the eighteenth - twentieth centuries, and a look at the current state of opera as a political vehicle, are part of the course. We will experience video performances in class as political themes are developed.

Presenter & Affiliation: Chuck Mishaan, Lecturer on music and opera

Class Manager: Audrey Walker

SS-1: Strong Women, Strong Stories, Strong Storytellers

(8 weeks)

Time: 9:15 a.m.

Day and Dates: Tuesdays - April 6, 13, 20, & 27 and May 4, 11, 18 & 25

Description: Pioneer suffragette, Emmeline Pankhurst, Nobel Prize-winning scientist Marie Curie, daring aviator Amelia Earhart, LIFE photographer Margaret Bourke-White, and Supreme Court justice Ruth Bader Ginsberg are just a few of the strong women whose accomplishments and contributions have provided inspiration for millions of women (and men). Their stories have been told by strong women through writing, artwork, photography, and video journalism. This course illuminates the lives of these storytellers and examines how and why they were successful, often under challenging and dangerous conditions.

Presenter & Affiliation: Gary Miller, Bard LLI

Class Manager: Merrilee Osterhoudt

LLS-1: If It's Tuesday, It Must Be...

(6 weeks)

Time: 9:15 a.m.

Day and Dates: Tuesdays - April 6, 13, 20, & 27 and May 4, & 11

Description: Miss traveling! We can again, if only virtually. Come with us again as some of our CLS members tell us about their recent trips, to various places around the world. There will be an emphasis on travel by car and boat, as well as family trips. This is a travel course, not an in-depth look at a county or region. The presentation order may vary and will be announced at the start of the semester.

Topics & Presenters:

Class Manager: Barbara Van Itallie

Puerto Rico & Vieques	Bob Nasser	Travels by Boat	Ellie Charwat
Route 66	John Wargo	Costa Rica Family Trip	Katherine Friedman
Panama	Barbara Van Itallie	Holland and Belgium Cruise	Debbie & Arnie Most

zoom

Zoom links and passcodes for Spring 2021 classes will be sent on **Wed. March 24** along with helpful Zoom instructions and tips.

Make sure you have a plan to save and recall your class-specific Zoom information when you need it for class. Perhaps you can create a special folder called "CLS Zoom Spring" and move them into that folder from your inbox.

The CLS Classroom/AV Team will again be available to assist you if you need help.



SS-2: New York City, Part II
(8 weeks)

Time: 1:15 p.m.

Day and Dates: Tuesdays - April 6, 13, 20, & 27 and May 4, 11, 18 & 25

Description: We continue our exploration of the fascinating metropolis of New York. Topics include: the Building of New York, Bellevue Hospital, the Gilded Age, Tin Pan Alley and the Big Bands, the Subway System, the NYPD and Broadway.

Topics, Presenters & Affiliations:

Class Manager: Ellie Charwat

Building New York City: Dewitt Clinton	John Palencsar, SUNY-New Paltz
Destroying New York City: Robert Moses	
Bellevue Hospital	Sandra Opdycke, History Professor (<i>retired</i>) and author
The Gilded Age	Mariellen Pangia, CLS Member
The New York Subways	Leathem Mehaffey, CLS Member
Big Bands and Tin Pan Alley	Dr. Art Groten, Physician (<i>retired</i>)
The NYPD	Ed Shaughnessy, Consultant
Broadway	Molly Katz, Theater Director

AL-2: The American Musical: A Uniquely American Style
(8 weeks)

Time: 2:45 p.m.

Day and Dates: Tuesdays - April 6, 13, 20, & 27 and May 4, 11, 18 & 25

Description: Leonard Bernstein said that the Broadway Musical was the American music of the future. From its early beginnings in the extravaganza of vaudeville to recent hip hop and rock musicals, Broadway has sparkled with stories, stars, and memorable songs. We will listen to the music, watch scenes from shows through the decades and discover the magic of the musical.

Presenter & Affiliation: Nancy Theeman, Music Teacher and Performer

Class Manager: Wilma Schmidt

LLS-2: Potpourri
(8 weeks)

Time: 9:15 a.m.

Day and Dates: Wednesdays - April 7, 14, 21 & 28 and May 5, 12, 19 & 26

Description: The Potpourri course is a “spicy” medley of eight very different topics.

Topics, Presenters & Affiliations:

Class Manager: Judy Rubenstein

Understanding Dementia	Elizabeth Nasser, The Centers for Aging and Memory
How to Turn the Weeds in Your Garden into Lunch	Joe Lombardi, CLS Member
Activities that Increase Cognitive Acuity and Ward Off Dementia -- Dancing Makes You Smart	Esther Odeschalchi, CLS Member
They Settled in Ohio: The story of Sally Hemings, a slave, and her secret relationship with Thomas Jefferson.	Jerrie Stewart, IBM (<i>retired</i>)
Conscious Living: Managing Stress from the Inside Out	Nancy Plumer, New Visions
World War I Dog Stories	Ron Gabriele, Speaker on Historical Subjects
Walkway Over the Hudson: Its history from abandoned railroad bridge to a community's asset.	Fred Schaeffer, Attorney and photojournalist
Vietnam: A Seabee's Different Experience	Craig Marshall, Town of Clinton Historian/Clinton Historical Society

SS-3: Great Decisions 2021 (8 weeks)

Time: 11:00 a.m.

Day and Dates: Wednesdays - April 7, 14, 21 & 28 and May 5, 12, 19 & 26

Description: The course will examine contemporary issues including: Brexit and the E.U., the fate of the Arctic, China in Africa, the two Koreas, and the End of Globalization. Class members are expected to purchase the Great Decisions 2021 book and be prepared to discuss topics. Each session begins with a short video, followed by background info. and then discussion.

Presenters & Affiliations: Martin Charwat and Joseph Lombardi, CLS Members

Class Manager: Martin Charwat

GS-1: History of Mathematics: Antiquity to the Modern Era (8 weeks)

Time: 1:15 p.m.

Day and Dates: Wednesdays - April 7, 14, 21 & 28 and May 5, 12, 19 & 26

Description: We will trace the development of mathematics from Egypt, Mesopotamia, Greece, India, China, and European countries from early times to the 17th Century. The most significant mathematical discoveries and key contributors will be emphasized. Minimal math background is needed to comprehend important ideas and enjoy this course.

Presenter & Affiliation: Stanley Schmidt, CLS Member

Class Manager: Leathem Mehaffey

LLS-3: The COVID Experience at Vassar Hospital (4 weeks)

Time: 1:15 p.m.

Day and Dates: Wednesdays - April 7, 14, 21 & 28

Description: Healthcare professionals from Vassar Hospital will share their first-hand experiences with the surge of COVID cases in Dutchess County. Each week a different department head will give us a bird's eye view of what it took to battle one of the most vicious viruses of the last 100 years. We will learn how care was given to critical patients in ICU, how hospital practices and procedures were impacted and changed. We will hear personal stories of how fear of the virus affected healthcare workers and impacted the care of patients. And, we will learn what the healthcare industry and medical community have learned about the virus and how it will change our future.

Topics, Presenters & Affiliations:

Class Manager: Merrilee Osterhoudt

What We've Learned and What's Next	Dr. Valerie Cluzet, Infectious Disease
How Hospital and Healthcare Has Evolved	Dr. William Begg, V.P. of Medical Affairs Vassar Brothers Medical Center
Providing Critical Care to the Sickest Patients	Dr. Timothy Collins, Medical Director, Critical Care
How Fear of the Virus Impacted Care of Other Illnesses	Dr. Livia Santiago-Rosado, Medical Director Emergency Department

AL-3: Prodding Your Muse (8 weeks)

Time: 1:15 p.m.

Day and Dates: Wednesdays - April 7, 14, 21 & 28 and May 5, 12, 19 & 26

Description: Let's capture memories of 2020 plus poignant, forgotten ones waiting to be rediscovered. Ordinary ones might now seem special. To rummage in the attic of memory and capture some in print is acknowledgement of the richness of our years, our uniqueness, a universality of experience. I'll email weekly prompts and via Zoom we'll share aloud. It's fun and fascinating!

Participant Max: 12 members

Presenter & Affiliation: Barbara Mindel, CLS Member

Class Manager: To Be Announced

SS-4: The 2020 Election: A Postscript

(4 weeks)

Time: 2:45 p.m.

Day and Dates: Wednesdays - April 7, 14, 21 & 28

Description: The tumultuous 2020 elections and their aftermath are the subjects of this class. The first session will delve into various aspects of campaign, public and exit polls, including their successes and misses and their contribution to understanding public opinion. The remaining classes will assess voting patterns in the election and analyze the first 100 days of the Biden Administration. We will also get a preview of the 2022 midterms.

Presenter & Affiliation: Dr. Marty Shaffer, Dean, Marist College School of Liberal Arts
Dr. Lee Miringoff, Director, Marist Institute for Public Opinion (MIPO)

Class Manager: Linda Lebensold

SS-5: The Greats of America's Game

(8 weeks)

Time: 9:15 a.m.

Day and Dates: Thursdays - April 8, 15, 22 & 29 and May 6, 13, 20 & 27

Description: This class will explore the lives and careers the greatest players of the first six decades of Major League Baseball, peering into their personal histories and their accomplishments on the diamond. Stories, statistical presentations, illustrations, and discussion will provide the story and the basis for some great debates among fans! Session 6 we will watch the documentary "Babe Ruth at Sing Sing" and participate in a discussion with the filmmaker, Jim Ormond.

Presenters & Affiliations: Arnie Serotsky, Vassar LLI
Jim Ormond, Filmmaker and director

Class Manager: Merrilee Osterhoudt

GS-2: Science Potpourri

(4 weeks)

Time: 11:00 a.m.

Day and Dates: Thursdays - April 8, 15, 22 & 29

Description: This course will look at some applied science topics such as recycling, decommissioning a nuclear power plant, building an airplane, and evolution of the mainframe computer.

Topics, Presenters & Affiliations:

Class Manager: Leonard Turkenkopf

Decommissioning Indian Point Energy Center	Richard J. Burrone, Entergy Nuclear Northeast
Recycling: At What Cost?	William Connors, IBM (<i>retired</i>)
The Transition of the Mainframe in the 1990's	Louis Gaudagno, IBM (<i>retired</i>) Bob Nasser, CLS President and Member
Manufacturing of the Bombardier Aircraft	Arnold Most, CLS Member
Medical Care as We Age: What Makes a Difference	Richard Walker MD, Private Practitioner

CLS Announcements & Class Handouts

Remember to check the **CLS Announcements** and **Class Handouts** webpages prior to the start of classes on Mon. April 5 and to check back frequently to see if there are any updates or class materials posted for your classes.

The links for these webpages is noted below:

CLS Announcements: www.marist.edu/professional-programs/cls/announcements

CLS Class Handouts: www.marist.edu/professional-programs/cls/class-handouts



GS-3: Climate Change

(4 weeks)

Time: 11:00 a.m.

Day and Dates: Thursdays - May 6, 13, 20 & 27

Description: Climate change is an old and yet new topic. This course looks at the history of climate change from both a global and local point of view as well as some new ideas on what can be done about it. The order of the presentations will be announced at the start of the course.

Topics, Presenters & Affiliations:

Class Manager: Ed Garber, CLS Member

Major Extinctions

Leathem Mehaffey, CLS Member

Can We Cool the Planet

Warren Buhler, CMS Member

Climate History

Kristen Menking, Vassar College

Core Data Analysis of the Hudson Valley

Dorothy Peteet, Columbia University

GS-4: Codes and Ciphers - Part 1

(8 weeks)

Time: 1:15 p.m.

Day and Dates: Thursdays - April 8, 15, 22 & 29 and May 6, 13, 20 & 27

Description: The course explains the methods of secret communications, codes, ciphers, encryption and decryption from the skytale of ancient Sparta through quantum computers and beyond. Part 1 covers 4000BCE through 1899.

Presenter & Affiliation: Frank Rubin, CLS Member

Class Manager: Warren Buhler

AL-4: Great Books: Immigrant Voices

(8 weeks)

Time: 1:15 p.m.

Day and Dates: Thursdays - April 8, 15, 22 & 29 and May 6, 13, 20 & 27

Description: Join us as we discuss the experiences, concerns, and aspirations of recent immigrants as reflected in the short stories they have written. All are 21st-century tales, and the authors come from many different countries and traditions. Our text will be "Immigrant Voices" published by the Great Books Foundation. Order your book online at: greatbooks.org

Presenters & Affiliations: Lydia Bauman and Sharon Steinvurzel, CLS Members

Class Managers: Lydia Bauman and Sharon Steinvurzel

Membership & Registration



On Tues. January 5, an email was sent to all current members about the collection of the balance of the 2020/2021 annual membership dues. Remember, completed and signed forms along with payment must be received by the CLS office by Fri. January 22.

~ Only paid and confirmed members will be permitted to register for Spring 2021 classes

If you have any questions about membership renewal, please contact the CLS office **immediately**.



Registration Procedures

Once you click on the Course Registration link below, you will be required to enter your Name (first and last) and your CLS ID #. The system will verify the information you entered belongs to you. If you enter invalid information, in any of these fields, you will be given an error message and will be required to correct the inaccurate data before finalizing your registration for submission. Your course selections will be retained until the field(s) highlighted in red at the top of the form are corrected.

Your First Name, Last Name and CLS ID#, were provided at the top of the email sent by the CLS office that contained the Spring 2021 Course Catalog. ALL three fields must be entered **EXACTLY** as provided at the top of that personalized email.

Make sure you read **ALL** of the information provided in that initial email. If you have questions or need assistance, the CLS office is available to help you with the registration process.

Click link below to register:

<https://www.marist.edu/professional-programs/cls/course-registration>



Virtual Classroom & Attendance Protocols

CLS volunteers expend considerable time and energy preparing and delivering the first-rate courses that have made CLS so popular. CLS is fortunate to be located in an area with so many colleges and industries having such an abundance of talented individuals who are willing to donate their time to create and present high-quality classes for CLS. Because the CLS members, outside experts, and educators who deliver CLS classes receive no compensation or honoraria, their only reward is the interest of a courteous and appreciative audience. To optimize the class experience for the presenters, class managers, and other CLS members attending these classes, we ask that you comply with the following:

Make every effort to attend the classes for which you are registered. Good attendance is a presenter's and class manager's best reward. Each class has a Class Manager (volunteer position) who is responsible for introducing the instructor, relaying announcements, and taking attendance for each session.

Be courteous when asking questions in class. Typically, a period of time is reserved for Q&A at the end of the lecture. The Class Manager will provide guidance on how the presenter will field questions (hand raise, chat, Q&A). Each class may handle questions differently, so please follow the set guidelines and wait until that time to ask your question. Limit your questioning, especially if the presenter accepts questions during the presentation. It is best to keep your microphone muted until it is your turn to speak or ask a question.

Show respect to presenters. All presenters are volunteers and have invested time and effort into preparing and delivering the class. Please, DO NOT correct or dispute what the speaker presents. Approach them after class and politely offer your thoughts as most will welcome your feedback.

Camera/Visual protocols should be followed. Remember, the presenter and other members of the class will be able to see you. If you need to engage in something other than the class, **turn off your camera** feed until you can return 100% of your attention back to the class. Your distraction can easily become someone else's distraction as they are watching you.