



Welcome to the first edition of the Marist IT Cybersecurity newsletter. October is in full swing and it is Cybersecurity Month. This year's theme is Staying Safe Online and we are here to provide you with some tips on how you can do exactly that!

1 PROTECT YOUR ACCOUNTS BY USING STRONG AND UNIQUE PASSWORDS

Utilizing the same password for all your accounts can leave you susceptible to all your accounts being compromised if your password is breached. Utilizing complex passwords for each account you have with a mix of letters, numbers, and symbols. Also consider utilizing a password manager to generate and store passwords securely.

2 UTILIZE MULTI-FACTOR AUTHENTICATION (MFA)

When possible, enable MFA for your accounts to add an extra layer of security to your account. MFA is the last layer of defense to your account and your MFA codes should NEVER be shared.

3 BE CAUTIOUS WITH LINKS AND ATTACHMENTS

Avoid clicking on suspicious links or downloading unexpected attachments in emails. If you aren't sure forward it to phishing@marist.edu for review.

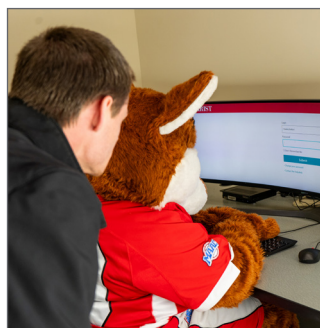
4 KEEP SOFTWARE AND DEVICES UPDATED

Regular updates to software and devices can patch vulnerabilities on your system. Enable automatic updates to ensure your devices receive the most recent updates. Windows 10 will no longer be supported after October 14th.

5 THINK BEFORE YOU SHARE ONLINE

Limit the amount of personal information you share online. Oversharing information can make you a target for scams, identity theft or phishing attempts.

October is CYBERSECURITY AWARENESS MONTH!



***Need to reset
your password?***

Utilize our self-service portal:
<https://myaccount.marist.edu/react/>

***Remember,
Marist IT will
NEVER
ask you for
your password
or DUO codes.***



See more cybersecurity resources by checking out the Information Security Website:
marist.edu/information-security