



Ben Caldwell

Business Advisor, Mid-Hudson Small Business Development Center

I am a business advisor with the Mid-Hudson Small Business Development Center, advising start-ups and emerging businesses in a wide range of industries in our region. I have over 20 years of experience in the food distribution industry, as well as over ten years as an economic development official prior to working in the private sector. My expertise includes regulatory compliance, government contracting, start-up operations, and business development.