

Welcome to PSYC101

Introduction to Psychology

With Corey Fenstemacher, Psy.D.

Course Description

This 3-credit course includes the fundamental treatment of the basic research findings and theories comprising the science of psychology. Topics of study include the exploration of the nature, scope, and methods involved in the scientific investigation of human behavior, stressing such topics as learning, emotions, personality, biology, psychopathology, cognition, development and counseling.

Learning Objectives

By the end of this course, students should be able to:

1. Have a basic understanding of research design and the scientific method.
2. Be able to differentiate between various theoretical approaches to psychology.
3. Be able to label select areas of the nervous system and know their function.
4. Understand the difference between sensation and perception and have a basic understanding of how vision, hearing, touch, taste, and smell work.
5. Be able to describe different theories of human development.
6. Have a basic understanding of the principles of intelligence, learning, and memory, and apply these to their classwork and studying.
7. Understand general social psychological theories and how these apply to their lives.
8. Have a basic understanding of theories of personality and be able to evaluate the validity of different personality tests.
9. Make connections between mental and physical health.
10. Be able to identify select psychological disorders based on symptomology and be able to identify best treatment options for different disorders.

Required Textbook

Coon, D., Martini, T. S., & Mitterer, J. O. (2027). Introduction to psychology: Gateways to mind and behavior (17th ed.). Cengage Learning.

Paperback: ISBN-13: 9798214158242

Ebook is available through Cengage and the paperback is available to purchase or rent from the bookstore.

<https://www.cengage.com/c/introduction-to-psychology-gateways-to-mind-and-behavior-17e-coon-martini-mitterer/9798214158242/>

Additional material will be assigned in Brightspace. Please be sure to rent or purchase this text prior to the beginning of the term as the course requires weekly reading assignments from it.



About the Instructor

I started my career in sales in advertising. My second career began when I returned to school to earn a doctorate in Psychology. My concentration was in Organizational Psychology and the study of group behavior (Organizational Psychology is the “O” in I/O Psychology, while “I” is the Industrial focus). In graduate school, I discovered a passion for instruction and facilitation. I have worked for global consulting firms and a global media company. For over a decade, I’ve been teaching college students, managers and executives. My favorite thing about teaching is that no matter how many times I teach the same course, or the same students, I learn something new. The course is always different because no group of students is the same. I am originally from Utica. My husband and I spend time between Brooklyn and the Cooperstown area with our rescue cats. In my free time, I consult to business leaders and volunteer with animal welfare organizations.

Looking forward to getting to know you in our classroom!

Corey

Dr. Corey Fenstemacher

Corey.fenstemacher@marist.edu

917-588-2946