

# Cybersecurity How to Update Your PlayStation Consoles

With the ever-growing rise of security attacks, such as data breaches and denial-of-service attacks, it is very important to keep your PlayStation consoles updated to the latest versions. Updating your consoles ensures you receive the latest features while staying secure from cyberattacks.

This document will walk you through how to upgrade your PlayStation consoles.

## Disclaimer

Proceed with updating your devices at your own risk. Marist University will not be held responsible for any damage that may occur to your device during or after the upgrade process.

By initiating the update, you acknowledge and accept full responsibility for any potential issues, including but not limited to data loss, hardware malfunction, or software incompatibility.

We highly recommend backing up all the important data before proceeding with the upgrade. Please refer below to learn how to back up your data.

If you have any questions, please reach out to Marist IT.

Thank you for your understanding.

## Updating PlayStation Consoles

Before updating your PlayStation consoles, it is recommended to do a full backup of your PlayStation data. This can be done via Sony's Backup and Restore feature. This will allow you to back up your PlayStation's console data to an external USB drive. Additionally, you can back up your PlayStation's saved data to the cloud via PlayStation Plus. Keep in mind a paid subscription is required to use PlayStation Plus.

## Backing Up your Console to an External USB Drive

### Step 1: Connect an External USB Drive

- Plug a USB storage device (formatted as exFAT or FAT32) into one of the USB ports on your PS5.

### Step 2: Go to Backup Settings

- Open Settings (  ) from the home screen.
- Select System > System Software > Back Up and Restore.
- Choose Back Up Your PS5.

### Step 3: Select Data to Back Up

- Choose what you want to back up, such as games, saved data, settings, screenshots, and videos.
- Select Next to start the backup.

### Step 4: Wait for the Backup to Complete

- Once finished, safely remove the USB drive.
- You can restore your backup later from the same menu by selecting Restore Your PS5.

## Backing Up your Console's saved data to the Cloud

### Step 1: Go to Saved Data and Game App Settings

- Open Settings (  ) from the home screen.
- Select Saved Data and Game/App Settings > Saved Data (PS5) > Console Storage.

### Step 2: Backup your game's saved data to the Cloud

- Select the Select All checkbox, or select the game you want to upload.
- Select Upload to upload to Cloud Storage.
- If you need to download your saved data, return to the Saved Data and Game/App Settings menu > Cloud Storage > select the game's data > Download.

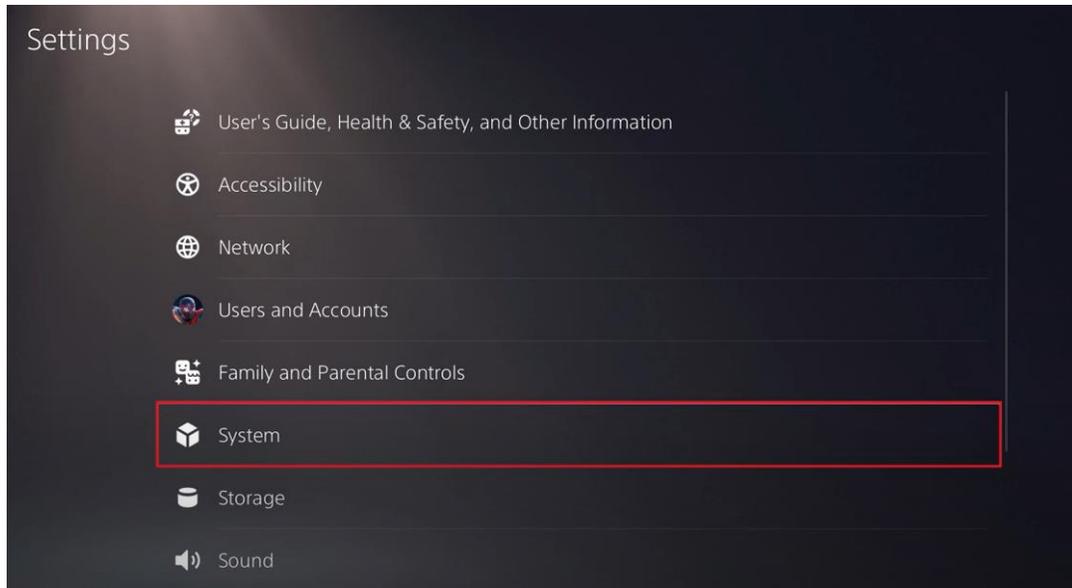
## PlayStation Update Instruction:

### Step 1: Turn on Your PlayStation Console

Press the Power button on your PlayStation console to turn it on.

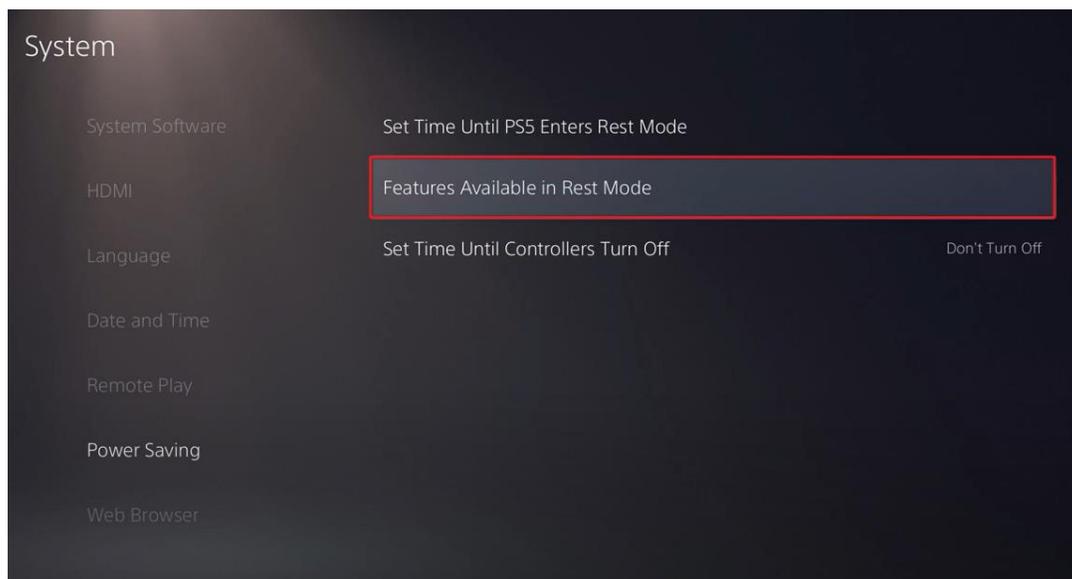
### Step 2: Go to Settings

Navigate to the top of the **home screen** and select the **Settings** icon (a toolbox). Scroll down and select **System**.



### Step 3: Enable System updates in Rest Mode

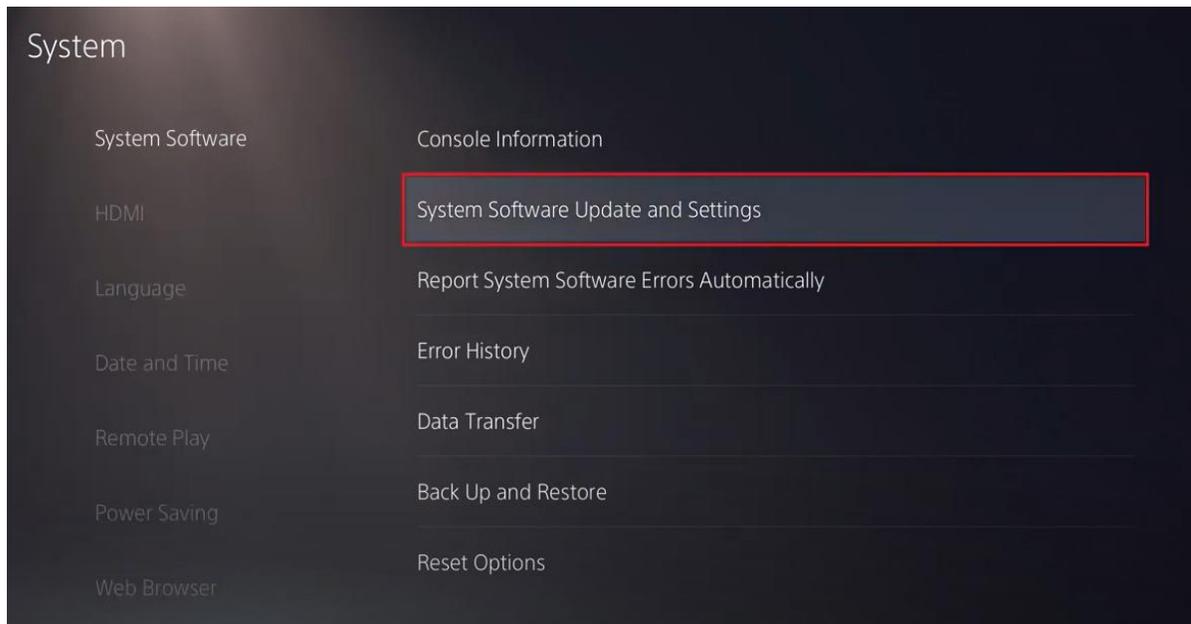
Click on **Power Savings** and then **Features Available in Rest Mode**.



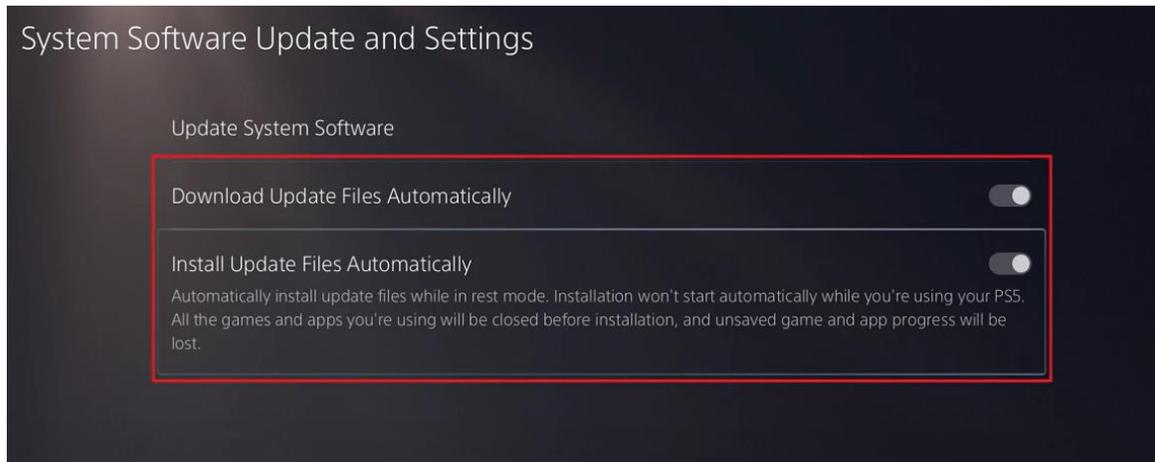
Your PlayStation will stay connected to the internet when in Rest Mode. This allows the system to constantly check for updates, ensuring your system stays up to date.



Return to the **System** menu and click on **System Software** and then **System Software Update and Settings**.

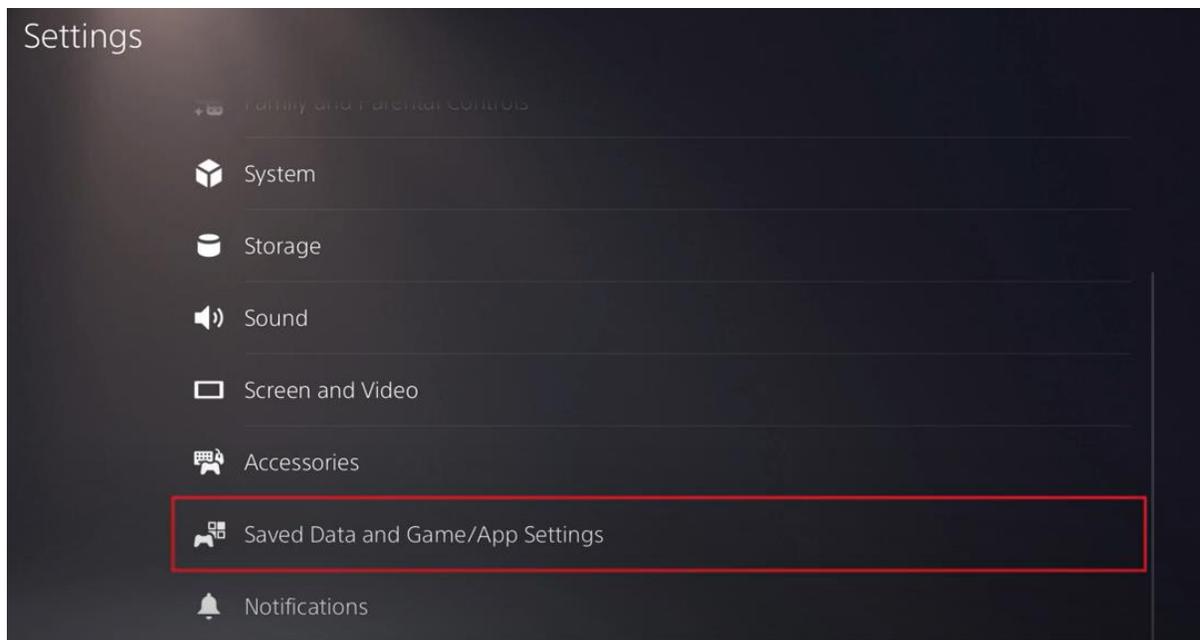


Enable auto-updates to allow your system to perform system updates in rest mode



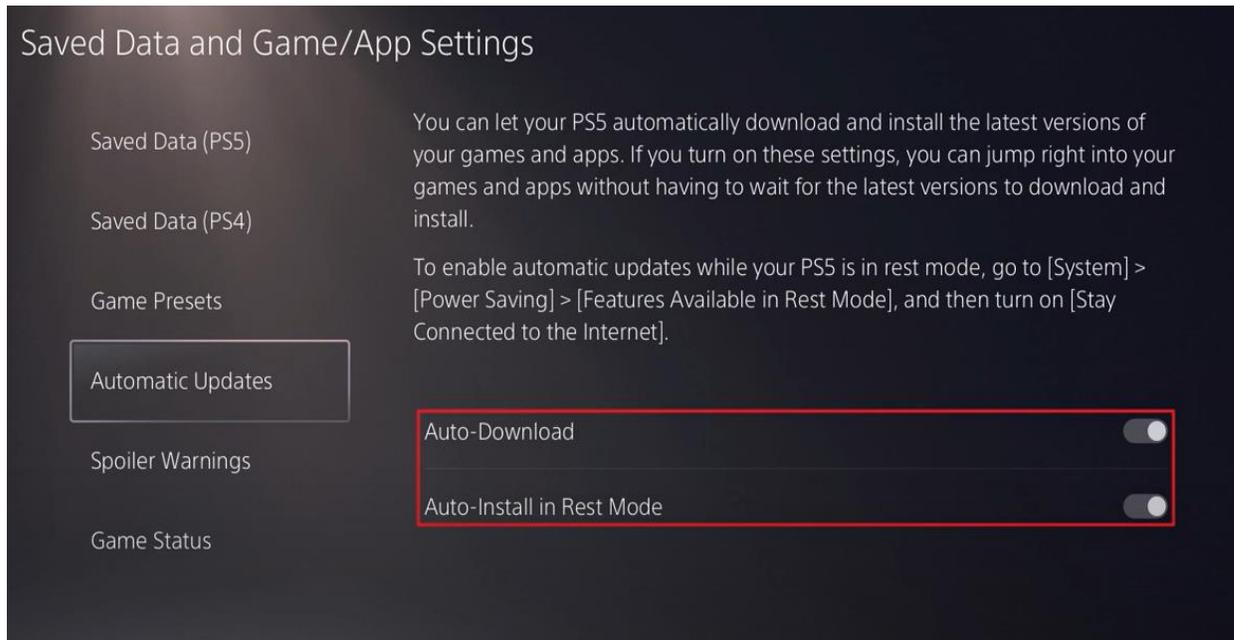
#### Step 4: Enable Game updates in Rest Mode

Return to **Settings** and click on **Saved Data and Game/App Settings**.



Click on **Automatic Updates** and enable **Auto-Download** and **Auto-Install in Rest Mode**.

Similarly to system updates, this will allow your PlayStation to perform game updates in Rest Mode.



Be sure to check out our Cybersecurity Bookmark! Available at the Help Desk and WEPA printing stations across campus NOW! --->



For more content from Marist Cybersecurity, visit: [marist.edu/information-security](http://marist.edu/information-security)