

WELCOME TO PSYC-202L: PSYCHOPATHOLOGY & MENTAL HEALTH

COURSE DESCRIPTION:

This course involves the study of psychological disorders with particular attention to the description and causes of disorders and the various therapies for them. The causes of these problems are viewed from a perspective that integrates multiple interactive factors, including biological, psychological, social, cultural, and developmental influences.

Class will be led through recorded video lectures, video clips, and readings. This 8-week course will cover all the same material as a 15-week version of the course, which means it will be fast paced.

Each week starts on a Monday. We will generally cover two content areas/chapters per week, and most assignments for the week will be due on Sunday.

COURSE LEARNING OUTCOMES:

1. Describe models that are used to define and explain “abnormal behavior”.
2. Recognize the various mental health diagnoses and understand their causes, key characteristics, and evidence-based treatments.
3. Develop an understanding of ethical and diversity considerations related to the diagnosis and treatment of mental health diagnoses.
4. Demonstrate knowledge about how different mental health diagnoses impact an individual’s life.

REQUIRED TEXTBOOK:

Psychological Disorders: A Scientist-Practitioner Approach, 5e

By: Deborah C. Beidel, Danae L. Hudson, Brooke L. Whisenhunt

ISBN-13: 9780138081690

Access to our interactive textbook + reading quizzes will be through the Pearson Revel platform.

Purchase the textbook + set-up your Revel account here:
<https://console.pearson.com/enrollment/fhpjnc>

If you need help, check out these Revel student resources:
<https://www.pearsonhighered.com/revel/students/support/>

Elizabeth Tish Hicks, PhD



In addition to teaching at Marist, I’m a full-time, practicing Clinical Psychologist, licensed in NY & NJ. I specialize in providing evidence-based therapy for anxiety, trauma, depression, stress, insomnia, OCD, BFRBs, and ADHD. I’m also passionate about providing culturally competent and LGBTQ+ affirmative care. I’ve worked in many different clinical settings, including university counseling, integrated primary care, hospitals, and specialty clinics, and currently work in private practice.

I completed my PhD in Clinical and Counseling Psychology at Utah State University, where I also taught Abnormal Psychology and Multicultural Psychology. I’m originally from the Hudson Valley, and am a proud Marist alumna. As an undergraduate psychology major at Marist, Abnormal Psychology was one of my favorite classes, and I’m excited to be teaching it with you all this semester! Feel free to be in touch with any questions.

email: tish.hicks@marist.edu