



# SETTLING IN

**ADJUSTING TO MARIST? YOU'RE NOT ALONE!  
COME TOGETHER, GET & GIVE SUPPORT!**

**WEDNESDAYS 1/21 TO 2/18**

**11AM - 12PM**

**MIDRISE 113**

NO SIGN UPS REQUIRED!

FOR MORE INFO: 845-575-3314 OR EMAIL [COUNSELING.SERVICES@MARIST.EDU](mailto:COUNSELING.SERVICES@MARIST.EDU)