Welcome to Intro Psychology!

I'm Dr. Fredrick (they/them). I am a professor in the Psychology Department here at Marist. I consider myself a social health psychologist, and my research focuses on stigma and health disparities. I am excited to go over all the different areas of psychology with you, and I hope that you can take away an appreciation for how psychology can be applied to any discipline!

For our course, you will not need to buy any textbooks or materials; all readings will be provided to you as PDFs or links on Brightspace. Our class will have 5 key components: (1) readings, (2) lecture videos with embedded quizzes, (3) Perusall readings where you interact with classmates, (4) exams, and (5) a final reflection paper. As soon as you have access to our Brightspace site, please take a look around to get familiar with the setup and watch the welcome video.

I look forward to interacting with you over the next several weeks! Please don't hesitate to reach out.

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