

MARIST
Center for Lifetime Study



Winter 2024
Mini-Session
Course Catalog



The following CLS volunteers are responsible for the Winter 2024 curricular programming:
Sharon Steinvurzel, Vice President for Curriculum

Arts & Literature (AL)

Mary Coiteux (<i>Chair</i>)	Ramesh Mirchandani
Lydia Bauman	Sue Osterhoudt
Laura Coons	Joanne Pelletier
Judith Elkin	Linda Rappaport
Jack Fein	Wilma Schmidt
Kathy Friedman	Sally Taylor
Michelle Keeley	Audrey Walker
Beth Kennedy	Ruth Wally
Barbara Mindel	

Life & Leisure Studies (LLS)

John Gavin (<i>Chair</i>)	Candace Pisterzi
Karen Blonder	Judy Rubenstein
John Garrity	Kay Saderholm
Jerry Goldberg	Cathy Temple
Bob Nasser	Barbara Van Itallie
Virginia Nasser	John Wargo
Esther Odescalchi	

Social Science (SS)

John Scileppi (<i>Chair</i>)	Dewey Lee
Martin Charwat	Merrilee Osterhoudt
Vicki Fox	Barbara Sweet (<i>Co-Chair</i>)
Bernard Handel	Cathy Temple
Linda Lebensold	

General Science (GS)

Warren Buhler	Dominic Schepis
Jack Fein	Stan Schmidt
Ruth Kava	Wilma Schmidt
Leathem Mehaffey	Charles Shanes
Les Muldorf	Kristin Sottile
Bob Nasser	Len Turkenkopf
Christopher Parks	Bill Walsh
Frank Rubin	



CLS Needs Volunteers!

The success of CLS depends on the involvement of its members. CLS is very fortunate to have dedicated members who devote their time and energy to make the organization strong, viable, vibrant, friendly, and interesting. It is only through our volunteers that we can offer such diverse and exciting courses, provide multiple opportunities to socialize and get to know one another, as well as provide volunteer services to the community.

You may volunteer for any committee or activity at any time by contacting the committee chairpersons or officers. You can also sign-up to volunteer during the online registration process. Please consider taking an active role in the CLS organization.

Registering for Classes

Once you click on the Course Registration link below, you will be required to enter your Name (first and last) and your CLS ID #. The system will verify the information you entered belongs to you. If you enter invalid information in any of these fields, you will be given an error message and you will be required to correct the inaccurate data before finalizing your registration for submission. Your course selections will be retained and you will be sent back to the top of the registration form to fix the field(s) highlighted in red.

Your First Name, Last Name and CLS ID#, were provided at the top of the email sent by the CLS office that contained the Winter 2024 Course Catalog. ALL three fields must be entered **EXACTLY** as provided at the top of that personalized email.

Make sure you read **ALL** of the information provided in that initial email. If you have questions or need assistance, the CLS office is available to help you with the registration process.

Click link below to register:

<https://www.marist.edu/professional-programs/cls/course-registration>



Important Dates



Online registration begins Friday, Nov. 10th at 8:00 AM

Online registration ends Sunday, Dec. 10th at 5:00 PM

Late, email or phone registrations will NOT be accepted.

ALL winter classes are virtual via Zoom

Select your classes in order of priority

Class confirmation emails will be sent of Friday, Dec. 15th

Zoom links and passcodes will be emailed on Tuesday, Jan. 2nd

Zoom classes start on Tuesday, Jan. 9th

The CLS Office will be closed starting Monday, Dec. 18th until Tuesday, Jan. 2nd

Winter 2024 Class List & Schedule

Time	Course ID & Title	Days & Dates
9:15 AM	AL1 - Opera as Politics	Tues. & Thur. Jan. 9, 11, 16 & 18
11:00 AM	AL2 - Drawing Portraits in Pencil: Accurate Proportions and Realistic Features	Tues. & Thur. Jan. 9, 11, 16 & 18
1:15 PM	AL3 - The Television & Film Arena: Producers, Crew and Post. Who are they, what do they do, why so many and how much do they cost?	Tues. & Thur. Jan. 9, 11, 16 & 18
2:45 PM	SS1 - African American Inventors, Code Talkers and Astronauts – How They Contributed	Tues. & Thur. Jan. 9, 11 & 16
11:00 AM	LLS1 - Gentle Mind-Body Exercise for Winter	Wed. Jan. 10, 17, 24 & 31

Click here to register: <https://www.marist.edu/professional-programs/cls/course-registration>



Class Offerings

ALL winter classes are virtual via Zoom

AL1: Opera as Politics

Time: 9:15 AM | **Days & Dates:** Tuesdays & Thursdays - Jan. 9, 11, 16 & 18 **(4 Class Meetings)**

Class Manager: Joanne Pelletier

Presenter: Chuck Mishaan

Description: This Opera as Politics series will explore how opera has reacted to racial issues and tensions in the United States from the early 20th Century to today. We will examine how opera participated in and influenced our racial narrative, and will include historical context as well as video presentations.

AL2: Drawing Portraits in Pencil: Accurate Proportions and Realistic Features

Time: 11:00 AM | **Days & Dates:** Tuesdays & Thursdays - Jan. 9, 11, 16 & 18 **(4 Class Meetings)**

Class Manager: Pat Luczai

Presenter: Jim Bennett, Artist and Author

Description: Visit Bennett's art studio via Zoom and watch him demonstrating drawing the human face. Draw along with him and learn how to make correct proportions, realistic features (eyes, nose, mouth, ears, hair), and effective shading. The class will include critiques and suggestions for improvement.

AL3: The Television & Film Arena: Producers, Crew and Post. Who are they, what do they do, why so many and how much do they cost?

Time: 1:15 PM | **Days & Dates:** Tuesdays & Thursdays - Jan. 9, 11, 16 & 18 **(4 Class Meetings)**

Class Manager: Lou Newman

Presenter: Ken Topolsky, Television and Film Producer

Description: The class will explore the positions required to make a show from Producers to Best Boys, Grips to Craft Service, VFX Supervisors and Compositors. We will explain the roles and include the fundamentals of budgeting such as "Above the Line", "Below the Line", Development costs, Residuals and Back end including an overview of International and Domestic Incentive programs available to filmmakers. Course materials will include scripts and budgets from projects along with redacted crew lists. Emerging technology will also be explored, time permitting.

SS1: African American Inventors, Code Talkers and Astronauts – How They Contributed

Time: 2:45 PM | **Days & Dates:** Tuesdays & Thursday - Jan. 9, 11 & 16 **(3 Class Meetings)**

Class Manager: Barbara Sweet

Presenter: Gregory Edmonds, Museum Ambassador (*volunteer*)
National Veterans Memorial & Museum Columbus, Ohio

Description: African American Inventors were required to sign a release relinquishing their rights of ownership and profit. These contributions to science & inventions were extensive and it's impossible to not experience the benefits of their ingenuity. Native American Code Talkers contributed to a chapter in American Military history during World War II. Without them the war may not have ended as soon as it did. African American Astronauts have participated in many space shuttle missions: performing critical tasks, deploying and retrieving satellites, performing spacewalks, conducting research and commanding and piloting space shuttle missions.

LLS1: Gentle Mind-Body Exercise for Winter

Time: 11:00 AM | **Day & Dates:** Wednesdays - Jan. 10, 17, 24 & 31 **(4 Class Meetings)**

Class Manager & Presenter: Kele Baker, Mind-Body-Movement Coach

Description: Learn and practice easy movements that enliven, warm and flow, with special focus on keeping the joints open and flexible. The practices are rooted in ancient Taoism and the principles of traditional Chinese medicine. Suitable for everyone - all movements are adaptable to your comfort and ability. Practices can be done seated or standing or both. No previous knowledge is required.

Class Limit: 100 max.

WARNING: You should understand that when participating in any exercise or exercise program, there is the possibility of physical injury. If you engage in this exercise or exercise program, you agree that you do so at your own risk and assume all risk of injury to yourself. You should always consult your physician or healthcare provider before starting an exercise program.

Classroom & Attendance Protocols

(Virtual & In-Person)

CLS volunteers expend considerable time and energy preparing and delivering the first-rate courses that have made CLS so popular. CLS is fortunate to be located in an area with so many colleges and industries having such an abundance of talented individuals who are willing to donate their time to create and present high-quality classes for CLS. Because the CLS members, outside experts, and educators who deliver CLS classes receive no compensation or honoraria, their only reward is the interest of a courteous and appreciative audience. To optimize the class experience for the presenters, class managers, and other CLS members attending these classes, we ask that you comply with the following:

Make every effort to attend the classes for which you are registered. Good attendance is a presenter's and class manager's best reward. Each class has a Class Manager (volunteer position) who is responsible for introducing the instructor and relaying announcements for each session.

Be courteous when asking questions in class. Typically, a period of time is reserved for Q&A at the end of the lecture. The Class Manager will provide guidance on how the presenter will field questions (hand raise, chat, Q&A). Each class may handle questions differently, so please follow the set guidelines and wait until that time to ask your question. Limit your questioning, especially if the presenter accepts questions during the presentation. It is best to keep your microphone muted until it is your turn to speak or ask a question.

Show respect to presenters. All presenters are volunteers and have invested time and effort into preparing and delivering the class. Please, **DO NOT** correct or dispute what the speaker presents. Approach them after class and politely offer your thoughts as most will welcome your feedback.

Camera/Visual protocols should be followed. Remember, the presenter and other members of the class will be able to see you. If you need to engage in something other than the class, **turn off your camera** feed until you can return 100% of your attention back to the class. Your distraction can easily become someone else's distraction as they are watching you.



Important Reminders

SAVE the Zoom access emails you receive so they are easy to find when you need to join your class sessions. The CLS Classroom/AV Team will again be available to assist if you need help.

Do not share the Zoom links, passcodes or dial-in information with anyone.

Only members that are registered and confirmed to take classes will be given this information by the CLS office.